

## 2014 Region 7 Fall Assembly

It was again a pleasure to serve as a CJI region rep. for the 2014 R7 Fall Assembly. The facilities as usual were very accommodating and was held at the Crowne Plaza Hotel in Reading, Pa. Region 7, in addition to New Jersey includes Delaware, Maryland, Pennsylvania, Virginia, West Virginia and Washington DC. Currently Region 7 represents 533 groups, down slightly from the 537 previously represented; 48 delegates attended, an increase of 1 delegate from the last assembly and 20 of the 24 Intergroups in Region 7 were represented.

At this assembly, there were no changes to the agenda and scheduling remained as introduced at the last assembly. There was only one business session on Saturday instead of the usual two, lasting 3 hours. The Saturday session consisted of Board Reports, announcements and unfinished and new business. Again the consent agenda was used to great success and included six policy motions and two Bylaws motions; consent agenda passed. Three policy motions remained, all adopted. Elections were also held, Amy L was elected for her 2<sup>nd</sup> term as R7 Chair as well as Terri B. for her 2<sup>nd</sup> term as recording secretary. Bob L rotated out as treasurer and we elected and welcomed a new treasurer, George C. The second business session was conducted on Sunday. Two workshops were held, one titled "Working the 12 Steps on a Problem" and the second one, very dear to my heart, "Outreach: Training the Trainers."

The first Train the Trainer session during the Sunday business session was a wonderful workshop conducted by our Region 7 trustee, Barb G. This was an interactive workshop and a form was handed out simply titled, "Write the 12 Steps on a Problem". We worked on this terrific concept and applied a current defect we felt powerless over and worked on it through all 12 Steps. This form may be available in the future through World Service and proved to be a very effective way to work on a problem defect.

As was introduced in the last assembly, the representatives could only attend one committee meeting instead of the usual two or three. This again resulted in smaller committees but a longer, productive two and a half hour meeting.

As usual I attended the Outreach Committee and officer elections were held; I again have the privilege to continue to serve as Chair, Joann M was elected as our new vice chair and Phyllis M was reelected as secretary; Ginny S continued as our board liaison. This committee was very active during the assembly as we conducted the 2<sup>nd</sup> training workshop Sunday, titled "Skits, Serenity, Sharing and Celebrations with Outreach". Much information and material were distributed to the delegates. On Friday, every Intergroup was handed a World Service Public Information manual along with 20 copies of the newest WSO Public Information Poster. This committee was very active outside the meeting and the training workshop was worked on throughout the weekend. Sub committees were again set and committee members committed

to different sub committees. We reestablished our subcommittees, disbanded one, Poster Challenge and added a new one, PSA Outreach. The other Subcommittees are as follows: 2015 Outreach Funding-Mentor/Mentee; Display Board Usage and People of Color Outreach. Future goals include 2 conference call meetings with the first one on December 17th, monitoring the \$100 Intergroup Outreach funding program and funding requests, administering the mentor/mentee program and updating the Region 7 website highlighting the newly updated small Region 7 display board and the new Region 7 table throw.

On Sunday, the committee handed to all delegates a folder containing much information including articles on the Poster Challenge; library outreach; health fair tips; the CJI Robert Wood Johnson power point presentation; the new WSO poster; outreach funding programs and much more. Three skits were conducted including one concerning health fairs where the available Region 7 updated small display board and new table throw were introduced. The skits all centered around outreach and were well performed by the committee. Also included was the Poster Challenge prize presentation. It is the outreach committee's sincerest hope that this material and information can be used in carrying the message of recovery to all those who desire daily recovery from our dreaded disease.

Again, I thank the Intergroup for giving me this opportunity to perform service at this level. I look forward to serving the Intergroup as a Region 7 representative in the future, if asked to serve again.

Respectfully submitted,

*Ross M.*