



I.D.E.A. DAY

International Day
Experiencing Abstinence

**CJIOA and the Saturday Morning
Old Bridge meeting welcomes you to the
Overeaters Anonymous IDEA Day Marathon**

Saturday, November 17, 2012
Marathon 10:00AM – 3:00PM (9:30am registration)

“Action Brings Satisfaction”

Raritan Bay Medical Center Old Bridge Division
1 Hospital Plaza (Ferry Road), Old Bridge, NJ 08857
Medical Arts Building – Lower Level

For information, call Julia, 201-388-5334

***Suggested Donation \$5.00 (If you don't have it, don't stay away—it's not the OA way)**

Directions:

Traveling East or West on Route 18 – Take Route 18 to Old Bridge. Follow signs to Ferry Rd. Raritan Bay Medical Center's Old Bridge Bldg. is located about 200 yards from Route 18 on Ferry Rd.

Traveling South on Route 9 – Take Route 9 South to Old Bridge. Follow signs to Ferry Rd. Exit at Ferry Rd. Raritan Bay Medical Center's Old Bridge Bldg. is about half a mile on the right.

Traveling North on Route 9 – Take Route 9 North to the Route 18 exit (on left, immediately after passing Costco on the right at Texas Road). At the 2nd traffic light on Route 18, turn right onto Ferry Road. Hospital will be on the left.

Traveling South on the Garden State Parkway – After the Raritan toll booth, stay to the right lane marked “Local All Exits”. Take exit 123, Route 9 So (2nd exit after toll). Follow signs to Ferry Rd. Exit at Ferry Rd. Raritan Bay Medical Center's Old Bridge Bldg. is about half a mile down on the right.

Traveling North on the Garden State Parkway – Take exit 120 (Laurence Harbor). Turn right at the stop sign onto Matawan Rd. Turn right at Cliffwood Rd., then left onto Morristown Rd. Continue to end, and turn right onto Route 34 No. Turn left onto Perrine Rd. and go to the light. Turn left onto Route 9 So. Follow signs to Ferry Rd. Exit at Ferry Rd. Raritan Bay Medical Center's Old Bridge Bldg. is about half a mile down on the right.