

The Cranford Saturday Morning Big Book Meeting of Overeaters Anonymous  
Presents, for 5 weeks only . . .

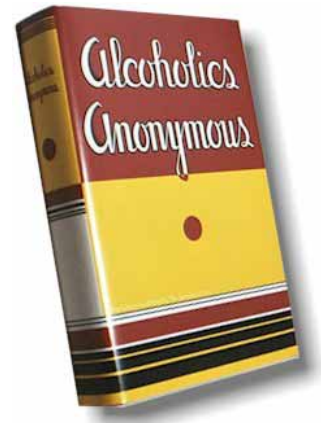
**“Here Are the Steps We Took”  
Big Book Step Workshop**

*(These are the original beginners' classes.)*

*Open to anyone seeking a spiritual awakening!!*

*We will be working the 12 steps together, as a group.*

*All speakers will be abstaining OA members.*



Held on 5 consecutive Saturday mornings at 10:30 a.m., starting April 12th

*~~~ NOTE – no meeting on April 19<sup>th</sup>; we will resume on April 26<sup>th</sup> ~~~*

Calvary Lutheran Church – 108 Eastman Street, Cranford, NJ 07016

<u>Date:</u>	<u>Steps:</u>
Saturday, April 12, 2008	1
April 19, 2008	NO MEETING due to church schedule
April 26, 2008	2, 3 & 4 (first 3 columns of Step 4 worksheet)
May 3, 2008	4 (Step 4 worksheet completed)
May 10, 2008	5, 6, 7, 8 & 9
May 17, 2006	10, 11 & 12

Please plan to arrive on time at 10:15 AM, bring your Big Book and something to write with, and commit to attend all 5 sessions. Each session runs for one and a half to two hours.

For more information, contact: Ann Marie 908-272-1579 or Lee Ann 908-337-0656 (evenings best).

Traveling East or West on Route 22: Westbound: Take Westfield exit just past Bob's Stores / Linens & Things. Eastbound: Take Westfield exit just after CompUSA. Once off 22 - Follow signs to Westfield. Go through 4 lights, & just before 5<sup>th</sup> light take right onto Springfield Ave. (Nomahegan Park on left, Union County College on right). Continue to Cranford. At Orange Ave, there will be a traffic light, canoe club on the left, and tennis courts on the right. Continue over a small bridge, and take the immediate first right onto W. Holly Street. The Church is on your left, just before the blinking light.

Traveling North or South on the Garden State Parkway: Take exit 137, make a right at the end of exit ramp onto North Ave. Follow to Cranford. In the middle of town, just before the Cranford movie theater, (6<sup>th</sup>?) light, make a right onto Eastman St. At 2<sup>nd</sup> stop sign, make a right onto W. Holly.

Parking and More Information – Note that the church is adjacent to the Cranford Post Office

Entrance to hall and parking is on West Holly St. Lot is small, but street parking is available – grab a spot when you see one!

Note: It is suggested, although not required, that you bring a “sponsor” and any “new prospects” you may be working with. “Temporary sponsors” will be available for anyone willing to take the Steps with us during these sessions. If you have done your Step work out of the Big Book and are