



into the steps

4 Week Special Speaker Series

On the 12 Steps of Recovery as outlined in the Big Book

Hosted by the Thursday Avenel OA Foundation Meeting

Featuring speakers from the fellowships of OA and/or AA

4 Consecutive Thursday Evenings 7:00pm ~ 8:15pm

Thurs. September 18th Steps 1,2,3

Thurs. September 25th Steps 4,5,6

Thurs. October 2nd Steps 7,8,9

Thurs. October 9th Steps 10,11,12

ANNEX (white bldg. cross on top) **diagonally opposite** 1st Presbyterian Church of Avenel
Entrance on left side of the building, follow the OA signs to the meeting
Located North of Woodbridge Shopping Center Corner of Kirk St. & E. Woodbridge Ave.

1. GSParkway NORTH over Driscoll Bridge to Exit 127. stay straight in **left** lane onto Rte. 9 North toward Woodbridge, travel 3.5 miles to the **second light** (Quick Check on this corner) and **turn right** onto Avenel St.. At the next street corner **turn left** onto E. Woodbridge Ave. After you turn the church will then be on your right, the annex where we meet is on your left, it will be on the next corner, on your left. Cross on top of building is visible. Turn **left** for parking and the entrance.
2. GSParkway SOUTH onto US 1 North exit #130 toward Newark, travel 2.8 miles to the **fourth light** . **turn right** here onto Avenel St. see direction for #1
3. Menlo Park Shopping Center travel NORTH on Rte. 1 travel 3.5 miles and follow directions for #2.
4. Linden/Rahway Area: Starting point St. George Ave. Travel **south** through Rahway under railroad overpass (K-Mart will be on your left). Travel ½ mile and **turn left** at the **second light** onto Avenel St. (Washington Mutual Bank is on the left corner). Go to the **next light** (Rte. 1), make a **left** onto Rte. 1 North, get into the **right lane**, make an **immediate right** at the next corner (Kirk St.) The white church annex, parking, and entrance are on the second block, on your left **OR** stay on Avenel St. and continue to the next street corner, E. Woodbridge Ave. and follow directions for #1

Info: Bobbi 732-826-2033 or Margaret 732-326-1934/732-277-6762

"You may find it possible to better understand the steps and start living them in your life"

"Many of us believe that, without a conscientious effort to work all twelve steps in our everyday lives, OA is just another diet club. The Steps are the heart of our program and

enable us to keep continuous abstinence, one day at a time." A Guide To The Twelve Steps For You

