



Retreat Day

Sat. April 14th, 2012

The Upper Room 9:30 – 4:00pm
3455 West Bangs Ave. Brown Bag Your Lunch
Neptune, NJ 07753 **Cost: \$45.00**
5 minutes from Exit 100 on the Garden State Parkway

"Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation." AA 12 & 12 p. 89

ACCEPTANCE

The Way to Serenity and Peace of Mind

We offer you a day for prayer, silence, rest, simplicity and contemplation. It can be both a "time out" from life's daily stresses as well as an opportunity to deepen one's experience of self and experience the recovery energy that surrounds and supports us in the OA fellowship.

There is an outdoor labyrinth that offers an inviting and contemplative atmosphere for those who walk its path.

For more information on labyrinth meditation walking see our website:
www.aa-centraljersey.org EVENTS PAGE

Presented by the 12th Step Within Comm. of the Sun. Eve. Edison OA Meeting

Contacts for questions/information/service/scholarships:

Sarita 732-233-5465 SaritaFajitaBanana@yahoo.com

Margaret 732-326-1934 M39Avenel@comcast.net

Registration limited to 40 people. No refunds after April 1st, 2012

Send \$45.00 check or money order to: Sarita Ford
17 Colorado Drive
Jackson, N.J. 08527-2107

Name: _____ Telephone No. _____

Address _____ Town and State _____ Zip _____

E-mail address _____