

# Twelfth Step Within Day



**Saturday, December 10, 2011**

**Robert Wood Johnson Hospital at Rahway**

**10:00 AM – 1:00 PM**

**Conference Room 1**

Walk left after the guard. Make another left across from the elevators. Follow the semi-winding hallway.  
Conference Room 1 is at the end of hallway.

Sponsored by Central Jersey Intergroup OA

Coordinated by the CJIOA Twelfth Step Within Committee

*Hosted by the Thursday, Friday and Sunday Rahway Meetings*

*This is a very special OA event designed  
to give us the opportunity to renew  
and refresh our commitment to recovery!*

## **What is Twelfth-Step Within?**

Twelfth Step Within was created to strengthen Overeaters Anonymous by sharing information and ideas that generate recovery within the Fellowship. Twelfth Step Within does not focus on attracting new members – though new members are always welcome to partake in all fellowship activities – it explicitly supports the ones we already have. Twelfth Step Within Day gives those of us who wish to share our recovery a chance to do the service of carrying the message. It gives those of us who are still struggling a chance to infuse our program work with experience, strength and hope.

## **Questions?**

Contact Carol at 908-468-4385 or Carolee at 908-405-497-0779 or maranelfen@comcast.net

**DIRECTIONS** are available on the Hospital's website at: <http://www.rwjuhr.com/>. Click on "Directions" on the purple navigation bar on the left of the page.