

St. Mary's Abbey Retreat Center (On the Grounds of Del Barton School) 230 Mendham Rd. Morristown, NJ

"For today: Anything I choose to do can begin now – this very minute." For Today, pg. 137

Discussion Groups, Writing Workshop, Meditation Workshop, Quiet Time on the beautiful Abbey Grounds.

Friday, January 18, 2013 (after 4 PM) to Sunday, January 20, 2013 (Departure after lunch at 1 PM)

Make checks Payable to: CJIOA Mail to: CJIOA, P.O. Box 181, Cranford, NJ 07016 Contacts: Christina 732 636-2874 christinafromnj@comcast.net or Lisa 908-303-3574 Checks must be <u>received</u> by <u>January 4, 2013</u> - Confirmation will be sent upon receipt

Located on the grounds of Del Barton School – just minutes from the center of Morristown. The sweeping grounds have woodland paths and a formal garden for meditative walks. All rooms are <u>double occupancy</u>. The price includes bed linens, towels and 5 meals. See photographs of the abbey at <u>www.saintmarysabbey.org</u>. – Sorry no day trippers.

Registration Form	
Entire Weekend (\$200.00 w/ 2 nights and 5 meals provided)	
Full payment and advance registration required for everyone who wishes to attend. If you would like to contribute to the scholarship fund, indicate additional amount enclosed:	
NameMaleFemale	
Address	
City State Zip	
Telephone:Email:	
I am interested in a meatless protein option Must be requested with your completed registration	
Name of Roommate:	
Please share the service:   Workshop Leader 3 months abstinence and 3 months program required   Planning Committee for WDR 2014   Sunday afternoon cleanup Available where needed   Please advise of any special needs, other than food (you are responsible for your food needs outside the menu):	