

A Spiritual Awakening at Winter Dreams Retreat 2017

God is Principle. Good timing given the topic of the WDR this year: The Principles of OA. After the workshop on Steps 2 and 3, I have a stronger definition of my HP and a new name: Deus (Divine Energy and Universal Spirit), which means God. Energy is the same, no matter what. Spirit is the same, no matter what. Today's reading tells us God is the same, no matter what. This makes it a Principle. When I did the writing exercise that the workshop leader gave us, I was able to more concretely define my HP and I'm finding that to be a total lift in my spirituality. Vagueness defined it before. My HP is strong, capable, dependable, caring, always there for me, knowledgeable, a good teacher, wants the best for me, wise, compassionate. I'm very grateful for the workshop. I think it's become a spiritual awakening for me.