

For Today, January 20

When a man's willing and eager, God joins in. Aeschylus When a job or situation or personal problem seemed too hard, I used to say, "I can't do it." In OA I have tapped a source of power greater than myself. All I need to start the action is willingness. Sometimes willingness comes easily, sometimes it is locked head-on with defiance. Then I feel heavy with the load. What is the willingness formula? Prayer. When the miracle happens, I watch a defect evaporate, a task easily done, a problem solved. God does for me what I cannot do for myself. For today: I pray for willingness to get on with the twelve steps of recovery. That is the only way I know to replace my fears and insecurities with confidence and courage. When I am willing, there is no void and all things are possible.