

For Today, January 6

"The philosophy of waiting is sustained by all the oracles of the universe." Ralph Waldo Emerson

This meditation talks about all things happening in their own season or there is a time for every purpose under heaven. The philosophy of the program is really a miraculous thing. The steps have given me guidelines for living that I never would have had a clue about if I had not come to the program.

I have been health care proxy for my Aunt and Uncle for a few years now. My Aunt was a really valiant loving soul but her health really took a dive the last 3 years. She finally had a stroke in October and passed away on Christmas day. Because of the holiday and her burial requests the wake and the burial were a week apart in two different locations about 2 hours apart.

I don't know how many Serenity Prayers I have said over the past years while I was trying to make sure they were both cared for and safe. Yesterday was a beautiful tribute to all the love and hospitality she and my uncle extended to everyone in our family over their 59 years of marriage. She was a policewoman and the NYPD sent an honor guard and the day was perfect. A lot of our big family was there to support my uncle and I know he was so appreciative.

The steps have helped me to bring my best self to every situation that has come up over the last few years. Many times I have had to surrender to the realities of situations and say Okay God you're in charge, show me what your will is for today and put some people in my path to help me.

The program talks about having experience with the steps. I only recognize my connection when I look over my shoulder and realize **after the fact** how my Higher Power has been guiding not only me but everyone else in the story. My experience with this program has built my faith in God. The only thing I can offer to a spouse is that with their good effort, over time, they will have a spiritual connection too. For me it did not come just from studying our literature but from living the principles of the program one hour, one day at a time.

I am grateful today for everyone who did service before I walked in the doors 34 hours ago so that there was a place for me when I got here. I am grateful for the women who were my sponsors and listened to my hopes and fears over this time and helped me to grow up. I'm grateful for a lot of things this morning and that makes me feel like a rich woman. Nothing you can write a check for could fill my heart like this appreciation for the blessings in my life. That is one of the biggest gifts of the program.

Thanks for being there.