

# CJI AGENDA – October 2016

## 1. Open with the Serenity Prayer –

**2. Welcome-** As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

**4. Tradition of the month** – 10. Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into controversy.

**5. Introduction of attendees-** (and presentation of newcomer's packet as needed).

## 6. Review the minutes of Last Month

**7. The Pamphlet Project** – OA Handbook pgs. 27 (Michelle K.)

## 8. Intergroup Principles-

- A. OA has no power structure, only a service structure.
- B. Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- C. Disagreement does not equal personal rejection.
- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary.
- F. Keep our discussions within the spirit of "I love you, but I disagree with you".
- G. When the group conscience is reached, let there be unity.

### Strategic Goals

- 1. Help members strengthen their recovery.
- 2. Increase the number of sponsors.
- 3. Increase the number of newcomers.
- 4. Increase the retention of newcomers.
- 5. Help those in relapse.
- 6. Continue our Outreach to the Public and healthcare professionals.
- 7. Inspire people to give more service.

## 9. Officer Reports-

Chair- Christina — Eatontown Marathon, Freehold Step Workshop, Fall/Winter Workshop, The Mini Project, Meditation Workshop, Open Position – Corresponding Secretary,

Anniversaries - Wednesday Westfield 10/15/1981 35years, Thursday Hillsborough 10/6/2003 13 years

Thursday Cranbury 11/19/2007 9 years, Tuesday Cranford 12/11/1991 25 years, Thursday Freehold 12/22/2001

15years, Monday Bradley Beach 12/30/1977 39years

Vice-Chair- - Mike M - New Telephone Service

Treasurer- Bobbi -

Recording Secretary - Sima

Corresponding Secretary - open

## 10. Committee Reports-

-Web-Site- Kim B. –

-Today Newsletter- Brenda –

-Professional Outreach/PI- Mike J, -

Young People-

-12<sup>th</sup> Step Within-

**Marathons-**

- a. IDEA DAY- Brenda S.
- b. Unity Day-Christina

**-Retreats and Events**

- a. TWC- Lee Ann
- b. Winter Dreams- Kim B.

**10. 7<sup>th</sup> Tradition –WSBC travel expense**

<i>Working &amp; Living the Program Events</i>
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| <p>Oct 14-16, 2016: R 7 Assembly, Ellicott City, MD</p> <p>Oct 27 – Hillsborough Step Workshop</p> <p>Nov 4-6 – Region 7 Convention, Rehoboth Beach, DE</p> <p>November 19— IDEA: International Day Experiencing Abstinence</p> <p>November 24 – Thanksgiving Day AM meeting - Edison</p> <p>December 12 - 12 Step Within Day</p> |
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**11. New Business-**

- 1. CJI Hotline Phone Service
- 2. CJI Fundraiser
  - T-Shirt –Shirts have come in
- 3. Region 7 Meditation Workshop

**12. News from Groups/Announcements:**

**13. Concept of the Month** 10. Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.

**14. Adjourn with the Serenity Prayer**

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at **CJISecretary@yahoo.com**.

**15. Parking Lot:**

<p><b>Our next Meeting is:</b>  <b>November 11, 2016</b></p>
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