

## Twinkie ® Problem Solving?

I can honestly say that I never solved a problem by eating a Twinkie®. The 3 or 4 minutes it would have taken to solve a problem, or make a phone call, or make an amends or whatever, can easily be replaced by driving for half an hour so I can grab some food that I definitely don't need. In the end, the problem will still be there.

You know something? Food sucks, but the Program Rocks!

Have a lovely day, and "Let the Abstinence Begin!"