

Fall 2015 Region 7 Assembly Report

I had the opportunity to serve as a Region 7 Assembly representative in September.

I attended the “Meet and Greet” session presented by the Intergroup Renewal Committee on Friday night. The format of the meeting was first to share “Needs” of the Intergroups and then for members to share ideas as to how they are attempting to address those needs. I attended the “jump start” meeting for the Committee Chairs on Saturday morning. This meeting helped prepare me for the budget process for committees for the next fiscal year. I was then able to present that budget proposal to the Treasury Committee for consideration.

I was assigned to the 12th Step Within Committee and was elected Chair. Our committee is small and consists of 5 members who are passionate about recovery and carrying the message of how to get recovery and keep it. We developed our SMART objectives for our 2 goals. Our first goal is to support and train intergroups in developing abstinence and recovery workshops. Last assembly we implemented a Needs Assessment. By the end of that session we had created a survey to get feedback from members. The survey was distributed to the Region reps at Spring Assembly and their opinions collated and summarized. Based on that feedback a sub-committee has been busy between Assemblies working on a Meditation Workshop. A date and place have been set – May 21, 2016 in Baltimore.

Our second objective for this goal is to maintain the Region 7 speaker list and we have added additional speakers. We clarified the details of Speaker qualifications, Speaker List Format, and Speaker Reimbursement. We will be requesting the Region 7 Web Master to make changes on the web.

The second goal is to improve the use of outreach phone calls to help members achieve and maintain recovery. We have created several new “Call 5 Keep Them Alive” flyers and have been distributing them on the Region 7 Google Loop each month. We also detailed the rules, prizes, and deadline for a contest - an “Ice Breaker” challenge. This contest is to have groups submit various opening lines to help members overcome the obstacles in making phone calls. Flyer to be released in October.

I was invited to be the Luncheon Speaker and shared my ES & H.

I also participated in the Region Business Meeting, watching Parliamentary Rules of Order put into practice.

The Treasury Committee presented a skit to encourage the use of on-line Region 7 donations and to share information about “where our contributions go.” The Board followed up with a skit and an explanation of how to write a motion.

I am grateful for the opportunity to bring new ideas back to CJIOA, to serve our Region, and to grow as a member applying the Steps and Traditions in my life.

Respectfully submitted,

Bobbi L