

*The Saturday "One Step at a Time" meeting and the
Philadelphia Area Intergroup of Overeaters Anonymous presents:*

The OA Body Work Shop

August 29, 2015

9 a.m. - 12 noon

Willow Grove Baptist Church
W. Moreland Road & Kimball Ave (entrance on Moreland)
Willow Grove, PA 19090

8:30 to 9 a.m. – Registration

9 to 11 a.m. – Workshop

Speaker Topics:

Aging & the OA Body: Denial, Acceptance, Self-Love

Anorexia/Bulimia: What We See vs. What Is Real

Body Image & The Next Generation: The OA Legacy

11 a.m.-12 noon – Clothing Swap

Gently used adult clothes only; 5-10 items per person

If bringing clothing, please arrive between 8:30-8:45 a.m.

Raffle • Breakout Sessions • Speakers • Clothing Swap

A 7th Tradition Basket will be passed.

For more information, contact:

Wendy K. 215-572-1425