

What's New in OA Literature

For the past 4 years, I have had the pleasure to serve Central Jersey Intergroup as World Service Business Conference Delegate. Additionally, for the past two years I have served on the Conference Literature Committee (CLC) and would like to write a series of articles about OA approved literature concentrating on new literature, literature projects and a little what goes into getting a piece of literature from the idea or proposal stage to our OA bookstore.

Two pieces of OA literature were presented at the 2016 World Service Business Conference (WSBC) for the Conference Seal of Approval and both received the needed 2/3 vote from the delegates and will soon be available to our Fellowship.

The first I'd like to discuss is the *Twelve Tradition Pocket Guide*. The guide concentrates on the individual spiritual principles of the 12 Traditions: Unity; Trust; Identity; Autonomy; Purpose; Solidarity; Responsibility; Fellowship; Structure; Neutrality; Anonymity and Spirituality. I have no doubt this will a great addition to the many pocket guides already available.

The second piece of literature to receive the Conference Seal of Approval is the *Twelve Step Workshop and Study Guide*. This ambitious piece of literature was several years in development and I believe fills a need that has been missing, an OA approved guide for a 12 Step workshop. This book has been developed as a workshop leader's guide but has other uses such as a sponsor/sponsee discussion, for example. The guide is very thorough as it gives suggestions such as group size and how to create a flyer to announce it. The sessions are designed for 15 two hour workshops though that can be altered and is up to the leader's discretion. The sessions are designed to be closed since it's recommended not to add members after the first session and because of that, can not be registered as an OA group in World Service. Books needed for the sessions are *Twelve Steps and Twelve Traditions of Overeaters Anonymous; Alcoholics Anonymous, 4th ed.; Twelve Steps and Twelve Traditions by Alcoholic Anonymous; For Today; Overeaters Anonymous, 3rd ed.* and *Voices of Recovery*. Handouts and worksheets are included for copying.

I will be letting the intergroup know once these are available.

Yours in Service and Recovery, Ross