

To: CJJ
From: Mike M
RE: Spring Assembly Report

From Friday, April 8th to Sunday, April 10th, I had the privilege to represent Central Jersey Intergroup at the Fall Assembly. Below are the highlights of the sessions that I attended.

On Friday night, I met with Leslie, the Chair of the Convention Committee to review and tweak the Region 7 Convention flyer (Leslie had completed a draft) and review the Convention Committee Agenda.

At the Saturday Morning session, we had a Convention Committee meeting to plan the November 4th-6th, 2016 "Navigating Through Recovery" at the Atlantic Sands Hotel in Rehoboth Beach, DE. The Hotel is right on the Boardwalk. Here is what was accomplished:

- Leslie was elected Chair, I was elected Vice Chair, Jess W was elected Acting Recording Secretary and John was elected Registrar.
- The Convention Flyer was approved and distributed.
- Details regarding food menu were discussed. Lunch and dinner will cost Region 7 \$67.00. We will charge \$65. Registration fee will be \$35 prior to October 1st, \$40 until October 31st and \$45.00 for on-site registration. A list of area restaurants is also being compiled.
- Workshop titles with a nautical theme were created (I.e. Don't Be a Crab-An attitude of Gratitude, SOS – Save Our Serenity, Castles in the Sand and Come out of your Shell – Do Service). I will be sending out a list within the next couple of weeks to each intergroup and Region 7 Assembly attendees. As Vice Chair, I am responsible getting workshop leaders. So, if you or you know of someone wants to lead a particular group, please let me know.
- We will be asking for Gift Baskets for a raffle. There will be a DJ Saturday night.
- 2 keynote speakers were selected, approached and they accepted (Amy L. and Linda L.).
- Cost was strong factor. Last year's retreat brought in about \$450.00. In previous years, the Region 7 convention brought in between \$ 4,000 and \$5,000 dollars.
- I will be going to Rehoboth Beach on May 16th to preview the layout of the hotel with the registrar and committee chair.

I also was asked and agreed to being on the Nominating Committee. We will be looking to nominating 5 Executive Committee positions including Region 7 Chair, Treasurer, Trustee, Recording Secretary and Corresponding Secretary. The Corresponding Secretary, Trustee and Chair cannot be filled by the people who are currently serving in that role as their terms are ending. The Treasurer is running for reelection and Linda L. is Acting Recording Secretary. These elections will take place in the fall. If you know of someone who is qualified for one of those positions, let me know.

At the Business Meetings, we adopted the consent agenda and passed several motions. The 12 Step Within Committee presented an exercise to look at ways to assist struggling members through a variety of scenarios. Some of the answers that were generated by the assembly on what questions one could ask a struggling member were:

1. Do you have a sponsor?
2. Are you working the steps?
3. How are things going for you?
4. Can I assist you in anyway?

There was also a workshop on a WSBC mock motion. The motion chosen was Policy Motion which CJIOA sponsored to change the time of the year for Unity Day. A variety of good points were brought up including how does daylight savings time play into the proposed time, what about members in the southern hemisphere and isolation in the winter.

I truly feel that Region Assembly, as any service, accelerates my recovery. I thank you for the opportunity to do service.

Thanks

Mike M.