

CJI AGENDA – January 2017

1. Open with the Serenity Prayer –

2. Welcome- As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

4. Tradition of the month – .1. Our common welfare should come first; personal recovery depends on OA unity
Spiritual Principal: Unity

- We seek common ground in the Twelve Steps of Overeaters Anonymous.
- We respect and follow group conscience guidelines to make decisions and resolve differences of opinion.
- We focus on our similarities, not on our differences.
- We try to include everyone in our conversations and activities.
- We follow guidelines for sharing, such as no crosstalk, interruptions, or side conversations and not taking more time than is our fair share.

5. Introduction of attendees- (and presentation of newcomer's packet as needed).

6. Review the minutes of Last Month

7. The Pamphlet Project – OA Handbook pgs. 31 How do groups become stronger. Brenda

8. Intergroup Principles-

- A. OA has no power structure, only a service structure.
- B. Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- C. Disagreement does not equal personal rejection.
- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary.
- F. Keep our discussions within the spirit of "I love you, but I disagree with you".
- G. When the group conscience is reached, let there be unity.

9. Officer Reports-

Chair- Christina — Unity Day

Anniversaries - Monday Bridgewater 1/15/2002 15 years, Friday Robert Wood Johnson 1/15/2002 15 years, Sunday Neptune Meeting 1/16/2002 15 years, Wednesday Matawan 2/16/1978 39 years, Sunday Robert Wood Johnson 2/23/2000 17 years, Saturday Princeton 2/24/1983 34 years, Tuesday Clark 2/28/1997 20 years, Friday Brielle 2/3/1987 30 years, Monday Freehold 2/7//2013 4 years, Wednesday Jackson 2/7/2013 4 years

Vice-Chair- - Mike M - New Telephone Service

Treasurer- Bobbi -

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

Recording Secretary - Sima
Corresponding Secretary - Kim J.
10. Committee Reports-
-Web-Site- Kim B. –
-Today Newsletter- Brenda –
-Professional Outreach/PI- Mike J, -
Young People-
-12th Step Within-

Working & Living the Program Events

January 13-15 – Winter Dreams Retreat at St. Mary’s Abbey Retreat Center – Morristown, NJ
January 29 – Neptune – The Keys to Recovery is Working All the Steps
February 25 – Unity Day at St. Luke’s in Metuchen
Region 7 Assembly - March 17-19, 2017

Marathons-

- a. IDEA DAY- Brenda S.
- b. Unity Day-Christina

-Retreats and Events

- a. TWC- Lee Ann
- b. Winter Dreams- Kim B.

10. 7th Tradition –WSBC travel expense

11. New Business-

1. Bylaw updates required by World Service – Ross
2. Elections for Region 7 Reps
3. Men’s Phone List
4. Goals for 2017

12. News from Groups/Announcements:

13. Concept of the Month - 1.The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.

14. Adjourn with the Serenity Prayer

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at **CJISecretary@yahoo.com**.

15. Parking Lot:

**Our next Meeting is:
February 10, 2017**