

# CJI AGENDA – May 2016

## 1. Open with the Serenity Prayer –

**2. Welcome-** As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

**4. Tradition of the month –** 5. Each group has but one primary purpose - to carry its message to the compulsive overeater who still suffers.

**5. Introduction of attendees-** (and presentation of newcomer's packet as needed).

## 6. Review the minutes of Last Month

**7. The Pamphlet Project –** Brielle will talk about the literature they received from winning the Region 7 Icebreaker Challenge.

## 8. Intergroup Principles-

- A. OA has no power structure, only a service structure.
- B. Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- C. Disagreement does not equal personal rejection.
- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary.
- F. Keep our discussions within the spirit of "I love you, but I disagree with you".
- G. When the group conscience is reached, let there be unity.

### Strategic Goals

- 1. Help members strengthen their recovery.
- 2. Increase the number of sponsors.
- 3. Increase the number of newcomers.
- 4. Increase the retention of newcomers.
- 5. Help those in relapse.
- 6. Continue our Outreach to the Public and healthcare professionals.
- 7. Inspire people to give more service.

## 9. Officer Reports-

Chair- Christina — OA Website Refresh, Abstinence Workshops, Sponsor Training, One Day Retreat in Neptune, Freehold Anniversary

**Anniversaries** - Tuesday Eatontown 5/23/2008 8 years, Sunday Edison 6/05/1986 30 years, Saturday Cranford 6/11/1981 35 years, Monday Schrewsbury 7/09/2010 6 years, Tuesday Metuchen 7/14/2014 2 years, Monday Matawan 7/19/1978 38 years, Monday Princeton 7/22/1988 28 years, Saturday Old Bridge 7/24/1977 39 years, Tuesday Matawan 7/30/1996 20 years, Saturday Red Bank 8/01/1979 37 years, Thursday Red Bank 8/08/1986 30 years, Thursday Highland Park AM 8/16/2007 9 years, Tuesday Metuchen 8/26/1985 31years

Vice-Chair- -

Treasurer- Bobbi - 7<sup>th</sup> Tradition Donations, CJI Fundraiser

Recording Secretary - Sima

Corresponding Secretary - Anita

## 10. Committee Reports-

-Web-Site- Kim B. – Website Refresh, Speaker Files on Website

-Today Newsletter- Brenda – Newsletter updates

-Professional Outreach/PI- Mike J,  
Young People-  
-12<sup>th</sup> Step Within- Janice –

**Marathons-**

- a. IDEA DAY- Brenda S.
- b. Unity Day-Christina

**-Retreats and Events**

- a. TWC- Lee Ann
- b. Winter Dreams- Kim B.

**10. 7<sup>th</sup> Tradition –WSBC travel expense**

**11. New Business-**

- a. Nominations for Vice Chair
- b. Validating our Meeting List
- c. Region 7 Reports – Ross, Bobbi, Mike and Brenda
- d. WSBC Reports – Ross and Ginny

**12. News from Groups/Announcements:**

Wednesday night Wayside meeting has closed.

**13. Concept of the Month –** 5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

**14. Adjourn with the Serenity Prayer**

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at **CJISecretary@yahoo.com**.

**15. Parking Lot:**

*Working & Living the Program Events*

May 11 – Wednesday Freehold 1 year Anniversary  
June 11 – Saturday Cranford Anniversary – 35 years  
Sept 1-4 – World Service Convention , Boston, MA  
Oct 14-16, 2016: R 7 Assembly, Ellicott City, MD  
Nov 4-6 – Region 7 Convention, Rehoboth Beach, DE  
November 19— IDEA: International Day Experiencing Abstinence  
December 12 - !2 Step Within Day

**Our next Meeting is:  
June 10, 2016**