

# What's new in Intergroup – November 2016

## *Working & Living the Program Events*

November 19— IDEA: International Day Experiencing Abstinence

November 23 – Thanksgiving Eve Westfield Attitude of Gratitude Meeting

November 24 – Thanksgiving Day AM meeting - Edison

December 12 - 12 Step Within Day

January 13-15 – Winter Dreams Retreat at St. Mary's Abbey Retreat Center – Morristown, NJ

**Meeting updates** – Thursday Red Bank will have its regular meeting on Thanksgiving.

**No Meetings** at Hillsborough or Freehold on Thanksgiving.

- **IDEA Day is November 19. A terrific day of recovery is planned for us as the Holiday Season begins. As in the past, we are asking our groups that can to donate a basket or gift card for the popular Raffle at the end of the day. Please bring the baskets or gift cards that morning. If possible, can you let Brenda or Judy know that your group will be donating to the raffle. Their contact info is [judylynn33@gmail.com](mailto:judylynn33@gmail.com) and [bspiezinger@optonline.net](mailto:bspiezinger@optonline.net)**
- **Winter Dreams Retreat** – There are a few spots available at this retreat in January. Please see the flyer or our website [www.oa-centraljersey.org](http://www.oa-centraljersey.org) for more information. This is a great way to kick off your recovery in the New Year
- **Our Health Outreach Committee** – Mike will be at IDEA day to answer any questions you might have about public outreach. If you would like more information before then, please contact Mike J. at [manda254@comcast.net](mailto:manda254@comcast.net) or cell 201 519 2816.
- **Today Newsletter** – **Our Editor needs content for our next newsletter.** Please send her your writings at [TodayNewsletter@gmail.com](mailto:TodayNewsletter@gmail.com).
- **Our new Program T-shirts** have arrived. They will be available at IDEA Day on November 19.
- **The first two sessions of our new Intergroup Workshop the Key to Recovery is Working All the Steps** were given in Hillsborough and Cranford this month. This is a one hour workshop that would be in place of the regular meeting format. **This workshop is available to any of our meetings.** Please reach back to us to book one of these workshops.
- **Congratulations to our Meetings celebrating Group Anniversaries** Thursday Cranbury 11/19/2007 9 years, Tuesday Cranford 12/11/1991 25 years, Thursday Freehold 12/22/2001 15years, Monday Bradley Beach 12/30/1977 39years  
If your group would like to plan an Anniversary meeting, please reach out to Intergroup. We would be delighted to help you.

**Next IG Meeting: December 9, 2016 – 7:30PM Raritan Bay Medical Center – Old Bridge**

Christina, CJI Chair 732 754-9840