

CJI AGENDA – May 2017

1. Open with the Serenity Prayer –

2. Welcome- As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

4. Tradition Five: Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.

Spiritual Principle: Purpose

- We focus our shares on the solution, not just the problem.
- We share our experience with compulsive eating, compulsive food behaviors, and recovery through OA. Together we can do what we could never do alone.
- We may develop close relationships with fellow members; however, we remember that the primary purpose of our meetings is to carry the message.

5. Introduction of attendees- (and presentation of newcomer's packet as needed).

6. Review the minutes of Last Month

7. The Pamphlet Project – OA Handbook Page 36 and 37 – Guy

8. Intergroup Principles-

- OA has no power structure, only a service structure.
- Intergroup “has no power to enforce rules on OA groups or individual members.” (OA 12 & 12, p 119)
- Disagreement does not equal personal rejection.
- Diversity can be our strength.
- If we all agreed on everything, we wouldn't all be necessary.
- Keep our discussions within the spirit of “I love you, but I disagree with you”.
- When the group conscience is reached, let there be unity.

9. Officer Reports-

Chair- Christina — Treasurer, Nominations for Chair

Anniversaries - Tuesday Eatontown 5/23/2008 9 years, Sunday Edison 6/05/1986 31 years, Saturday Cranford 6/11/1981 36 years

Vice-Chair- - Mike M -

Treasurer- Bobbi -

Recording Secretary - Sima

Corresponding Secretary - Kim J.

10. Committee Reports-

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

- Web-Site- Kim B. –
- Today Newsletter- Brenda - Today Newsletter digital format
- Professional Outreach/PI- Mike J, -
Young People-
- 12th Step Within-

Marathons-

- a. IDEA DAY- Brenda S.
- b. Unity Day-Christina

-Retreats and Events

- a. TWC- Lee Ann
- b. Winter Dreams- Kim B.

10. 7th Tradition –WSBC travel expense

Working & Living the Program Events

August 25-27 – TWC Retreat – Easton, Pa
September 22-24 – R7 Assembly
November 3-5 – R7 Convention

11. New Business-

- 1. Nominations for Chair
- 2. Region 7 Reports
- 3. WSBC Reports
- 4. R7 Workshop for CJI – Brenda
- 5. Goals for 2017
 - a. Email Group for Communications
 - b. Bylaws Committee - Policy and Procedure Manual

12. News from Groups/Announcements:

13. Concept of the Month - 5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

14. Adjourn with the Serenity Prayer

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at **CJISecretary@yahoo.com.**

15. Parking Lot:

**Our next Meeting is:
June 9, 2017**