

Presentation at Robert Wood Johnson Medical School

On Thursday March 29, 2018 we made our annual presentation of the OA Program of Recovery to 54 first year medical school students. Normally we would have about 100. However considering the class was officially over (The original scheduled class date was postponed because of the snow) these students just wanted to find out more about the OA Program of recovery; I think we hit pay dirt.

Our one hour Presentation was very well received by the students and good questions were asked. The second hour of the Presentation was done by a General Practitioner, Dr. Jeff Levine who discussed his history of weight problems and his recent Bariatric Surgery.

Presentation at The Discovery Institute

On March 6 and April 3, 2018 we made presentations at The Discovery Institute which is a short and long term addiction treatment facility in Marlboro, NJ. We were very well received by both the patients and staff of the facility and expect to be invited back and have OA incorporated into their regular program of treatment. The patients asked very appropriate questions involving cross addictions which they have. The one hour presentation included about 9 minutes of U Tube videos, Q and A, and sharing our stories.

Union County College Health and Wellness Fair

On April 4, 2018 we attended a Health & Wellness Fair in the Student Center at the Union County College Cranford Campus from 9:00am to 1:00pm. The event was to provide students and staff with information on physical, mental, and spiritual wellness. Students stopped by to learn more about OA either for themselves or family members. Several of the people that stopped never heard of OA but they could relate to not being able to stop eating. We distributed pamphlets to help them identify if they are a compulsive overeater as well as meeting lists.

Our table was in a great position which allowed us to display our new OA banner. Next to us was a table for Crunch Fitness and asked if we would be interested in setting up a table when they had events at their location. We spoke with one of the organizers who liked our presentation and indicated that he will keep us on the list for future Health Fairs.