

My Region 7 Experience*

For me this year's Spring Region 7 Assembly was even better than last years. I was no longer a green dot and I was expected to know what I was doing. Although I still didn't understand the totality of the what is being done, I learned enough to understand that there are many areas in this program that can use service and a few of which I might be able to help by using my ADD personality and the fact that I am anal. I took on a job of updating some of our Member lists and it came out so good I figured I would continue to work in that area and reached out into updating some general lists from the 12 step within committee. I finally found something that I enjoy doing because its fits into my personality and it wound up helping another committee besides my own.

The committee has been very busy working on a few projects these last few months. A Google calendar has been established to list outreach events our intergroups are participating in throughout the Region- health fairs, college events, etc. This is a great way for us to share ideas and participate in community outreach together! We are working to make various documents available to every intergroup by creating a centralized repository. These will be available to every intergroup to share contact information, thoughts and ideas. Each member of the committee is now serving as the liaison to three intergroups- allowing each of us the opportunity to foster a relationship with our intergroup outreach chairs! I will be the liaison for NJI, CJI and Harrisonburg, PA.

We have also made it a goal to put together pre-drafted documents and packets for intergroups to use when reaching out to doctors, dentists, colleges, universities, and places of worship. We are devising a step by step instruction guide on how we can approach these individuals and institutions in an easy, and most importantly, an efficient and effective way.

Mikey j

Region 7 OC member

CJI Chair OC

*Because I work a program of honesty I must share with you that this report includes comments made by Maureen I. of our Lackawanna, PA Intergroup who is a new member of our Region 7 Outreach Committee