

CJI AGENDA – May 11, 2018

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition Five: Each group has but one primary purpose--to carry its message to the compulsive overeater who still suffers. Spiritual Principle: Purpose

- We focus our shares on the solution, not just the problem.
- We share our experience with compulsive eating, compulsive food behaviors, and recovery through OA. Together we can do what we can never do alone.
- We may develop close relationships with fellow members, however, we remember that the primary purpose of meetings is to carry the message.

4. Introduction of attendees- (and presentation of newcomer's packet as needed).

5. Review the minutes of Last Month

6. Pamphlet Project – Christina

7. Intergroup Principles-

- OA has no power structure, only a service structure.
- Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- Disagreement does not equal personal rejection.
- Diversity can be our strength.
- If we all agreed on everything, we wouldn't all be necessary.
- Keep our discussions within the spirit of "I love you, but I disagree with you".
- When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Officer Reports-

Chair- Ross —Vice Chair Nominations and explanation

Anniversaries –Tues. Eatontown, 5/23/2008-10 years

Vice-Chair - Mike M -

Treasurer- Alex

Recording Secretary - Sima

Corresponding Secretary - Kim J.

9. Committee Reports

-Web-Site- Kim B. –

-Today Newsletter- Brenda –

-CJI Outreach- Mike J, -

-12th Step Within-Christina-Kim J

-News from Region -Brenda, Sima reg. report

-News from World Service-Christina, Brenda WSBC reports

Marathons-

a. IDEA DAY- Brenda S

–Judy P

b. Unity Day –Mike M

Retreats and Events

a. TWC- Lee Ann

b. Winter Dreams- Kim B.

10. 7th Tradition'- WSBC Delegate travel

11. Old Business-

1. Goals for 2017-2018

a. Policy and Procedure Manual- existing officer duties

b. Electronic Banking

12. New Business-

a. Conference call option for IG meeting

b. 7:00 PM start for IG meeting

13. News from Groups/Announcements: Freehold Workshop May 14

14. Concept of the Month -5. Consideration Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at CJISecretary@gmail.com.

15. Adjourn with the Serenity Prayer

Working & Living the Program Events

May 14, Mon. Freehold "Spring into Recovery"

Workshop -7:30 PM-9:00

August 18, - Sponsorship Day

November 2-4, Region 7 Convention, Ocean City, Md.

**Our next Meeting is:
June 8, 2018**