



STEP 12 on the 12th



What will YOU do on the 12th of each month to Carry the Message of Recovery?

1. Make “12” calls/texts/e-mail messages to members who no longer attend meetings
(See the Ice Breaker’s at the CJIOA website under 12th Step Within Committee for some great ideas)
2. Invite another group or past member(s) to lunch, dinner or coffee
3. Offer to babysit for someone so that they may attend a meeting
4. Send “12” miss you’ cards to absentee members
5. Call “12” newcomers from the “We Care” book
6. Write an article for your newsletter or Lifeline
7. Conduct ‘in-home’ meetings for someone who is incapacitated or hospitalized
8. Place Lifeline or information from our Outreach Committee in public places, physicians’ offices etc.
9. Circulate flyers/posters such as “Is Food a Problem for You?” With tear off hotline numbers
10. Offer to drive someone to a meeting
11. Plan a reunion meeting for past and present members: e.g. Marathon, speaker, ask-it-panel, games etc
12. What do YOU do to help carry the message of recovery? We would love to hear from our members and share your ideas on our website

Please send your ideas or stories with the **Subject: Step 12** to: cjisecretary@gmail.com

