



Sunday Morning Overeaters Anonymous
"Into Action" Big Book Meeting in Belleville, NJ
Presents:

"BACK TO BASICS"

Be willing to go to any lengths for Recovery
Don't miss this tried and true
Guided Tour of the 12 Steps

Open to anyone seeking a spiritual awakening!

Held on 6 consecutive Sunday mornings

9–10:30 AM starting September 30 – November 4, 2018

In Greifinger Hall (in the Education Center)

At Clara Maass Medical Center,

One Clara Maass Drive, Belleville, NJ

When you enter the main entrance of the parking garage, Park right inside of entrance go to up driveway/sidewalk to the Entrance. Enter Hospital pass main reception/security to the end pass elevators, make right, bear right follow signs for Greifinger Hall, bear left down hallway, make right and a left after the ladies rest room to Greifinger Hall on your right. The sign outside the door says The Healthcare Foundation of NJ Learning Center

Free Parking in the Visitor's Lot –on your way out press the silver buzzer on the top box
Beverages will not be offered, but feel free to bring your own.



Note: It is suggested, although not required, that you bring a "sponsor", and any "new prospects" you may be working with. "Temporary sponsors" will be available, if needed, for anyone who wishes to work the Steps with us during these six weeks.

Please bring your Big Book, pen and/or highlighter and a notebook.

DIRECTIONS to Clara Maass Medical Center

From the North: Garden State Parkway South, Exit 149. Make a right at the stop sign. At the first traffic light, make a right onto Belleville Avenue. Proceed one mile to third traffic light and make a right onto Franklin Avenue. Proceed on Franklin Avenue to the second traffic light, and make a right onto Clara Maass Drive. Make a right into entrance to the Clara Maass Visitor Parking area.

From the South: Garden State Parkway North, Exit 148 Bloomfield Avenue. At the first traffic light, make a right onto Bloomfield Avenue. Stay in the left lane, go one short block to the next traffic light and make a left onto Newark Avenue. Continue straight on Newark Avenue and make a left onto Clara Maass Drive. Then make the first left into the Clara Maass Visitor Parking area.

From the East, New York City and the Meadowlands: Take Route 3 West to Route 21 South. Stay on Route 21 Exit 5 (Mill Street – North). Go through three traffic lights, and enter Branch Brook Park. Bear right at second fork in the road. At traffic light, turn left onto Franklin Avenue. At next traffic light, make a right onto Clara Maass Drive. Make a right into the entrance to the Clara Maass Visitor Parking area.