

CJI AGENDA – December 2017

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition Twelve: Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities. Spiritual Principle: Spirituality

- We practice humility by remembering we are one among many, no better and no worse than other locations.
- We do not publish the names of speakers.
- We do not reveal members' names or personal information to those outside of OA.
- We practice unconditional acceptance and trust. Our shares in meetings may include specific examples, but we save the more intimate details for our sponsors or another OA member.
- We do not gossip, criticize, or reveal what has been shared with us in confidence with other members.

4. Introduction of attendees- (and presentation of newcomer's packet as needed).

5. Review the minutes of Last Month

6. The Pamphlet Project – OA Handbook Page 46 and 47 -Terri

7. Intergroup Principles-

- OA has no power structure, only a service structure.
- Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- Disagreement does not equal personal rejection.
- Diversity can be our strength.
- If we all agreed on everything, we wouldn't all be necessary.
- Keep our discussions within the spirit of "I love you, but I disagree with you".
- When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Officer Reports-

Chair- Ross — Region rep nominations and election, meeting total and anniversaries

Anniversaries Mon. Bradley Beach 12/30/1977- 40 years; Fri. New Providence 12/14/1987- 30 years; Wed. Lambertville 12/20/2009- 8 years; Tues. Cranford 12/11/1991 -26 years

Vice-Chair- - Mike M -

Treasurer- Alex

Recording Secretary - Sima

Corresponding Secretary - Kim J.

CJI fundraisers

9. Committee Reports

-Web-Site- Kim B. –

-Today Newsletter- Brenda -

-CJI Outreach- Mike J, -

-12th Step Within-Christina

-News from Region – R7 Reps (R7 Assembly Report - Mike M)

-News from World Service-WSBC Delegates

Marathons-

a. IDEA DAY- Brenda S.

b. Unity Day –Mike M

Retreats and Events

a. TWC- Lee Ann

b. Winter Dreams- Kim B.

10. 7th Tradition'- WSBC Delegate travel

11. Old Business-

1. Weight Loss Surgery Motion

2. Goals for 2017

a. Electronic Banking

b. Policy and Procedure Manual- existing officer duties

12. New Business-

13. News from Groups/Announcements: Sat. Brielle closing; holiday meeting closings.

14. Concept of the Month -12. Guidelines –With the Twelfth Concept we come full circle. Overeaters Anonymous is a spiritual Fellowship based on the belief that a power greater than ourselves can restore us to sanity, not only regarding our issues with food, but in all areas of our lives. This spiritual foundation, which includes the Twelve Steps, the Twelve Traditions and the Twelve Concepts, extends to many facets of our personal lives and all facets of our service experience.

The Guide lines are: Selflessness; Realism; Representation; Dialogue; Compassion and Respect.

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at CJISecretary@gmail.com.

15. Adjourn with the Serenity Prayer

**Our next Meeting is:
January,12, 2018**

Working & Living the Program Events

December 12- 12 Step Within Day “Fearless and Thorough Surrender” Eatontown meeting

December 25-Christmas Day meeting, Edison

January 12-14, 2018- Winter Dreams Retreat

February 24, 2018-Unity Day