

RE-ENERGIZE YOUR OA RECOVERY



HOW: *Come to a Read/Write/Share 12 Step Study Group*

WHEN: *Every Friday Morning at 10:00 a.m.*

WHERE: *Debow's United Methodist Church
509 Monmouth Road
Jackson, NJ 08527*

WHAT: *Using the 12 Steps & 12 Traditions of
Overeaters Anonymous and the Workbook
(new second editions)*

WHO: ***You!!!***

WHY:

- *Because you deserve it!*
- *Because you want to grow and become more spiritual!*
- *Because you want to become or maintain abstinence!*
- *Because the pen eases the pain!*