

CJI AGENDA – January 2018

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition One: Our common welfare should come first; personal recovery depends upon OA unity.

Spiritual Principle: Unity

- We seek common ground in the Twelve Steps of Overeaters Anonymous.
- We respect and follow group conscience guidelines to make decisions and resolve differences of opinion.
- We focus on our similarities, not on our differences.
- We try to include everyone in our conversations and activities.
- We follow guidelines for sharing, such as no crosstalk, interruptions, or side conversations and not taking more time than is our fair share

4. Introduction of attendees- (and presentation of newcomer's packet as needed).

5. Review the minutes of Last Month

6. The Pamphlet Project – OA Handbook Page 48 and 49 -Alex

7. Intergroup Principles-

- A. OA has no power structure, only a service structure.
- B. Intergroup "has no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119)
- C. Disagreement does not equal personal rejection.
- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary.
- F. Keep our discussions within the spirit of "I love you, but I disagree with you".
- G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Officer Reports-

Chair- Ross —Secretary Terms, CJI L.S. T Shirt Sale? 5th Rep. Next month- WSBC Agenda Questionnaire

Anniversaries –Mon. Bridgewater 1/15/2002- 16 years; Sun. Neptune 1/16/2002- 16 years; Fri. Scotch Plains 1/15/2002- 16 years

Vice-Chair- - Mike M -

Treasurer- Alex

Recording Secretary - Sima

Corresponding Secretary - Kim J.

CJI fundraisers

9. Committee Reports

-Web-Site- Kim B. –

-Today Newsletter- Brenda –

Membership drive

-CJI Outreach- Mike J, -

-12th Step Within-Christina

-News from Region

-News from World Service-WSBC

Delegates

Marathons-

a. IDEA DAY- Brenda S.

b. Unity Day –Mike M

Retreats and Events

a. TWC- Lee Ann

b. Winter Dreams- Kim B.

Working & Living the Program Events

January 12-14, - Winter Dreams Retreat

February 24, -Unity Day

March 9-11, -Region 7 Assembly

April 23-28, -WSBC Conference

10. 7th Tradition'- WSBC Delegate travel

11. Old Business-

1. Goals for 2017-2018

a. Policy and Procedure Manual- existing officer duties

b. Electronic Banking

12. New Business-

13. News from Groups/Announcements: Wed. Westfield-support/service; Sat. Cranford, Jan. 20closed; Mon. Freehold-support

14. Concept of the Month -1. **Unity** –The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.

General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at CJISecretary@gmail.com.

15. Adjourn with the Serenity Prayer

**Our next Meeting is:
February 16, 2018**