

OVEREATERS ANONYMOUS

“I put my hand in yours...and together we can do what we could never do alone!...”

If you enjoy participating in an OA meeting that has many members with years of strong recovery, then the Sunday morning meeting in Neptune may be just what you need.

Save the Dates!



The Neptune Sunday morning 12 & 12 step/writing meeting will have a different format on Sunday **December 16** and **December 23**, 2018 as follows:

- 1. Source for our reading: specific pages from Voices of Recovery (printed copy of pages will be provided)**
- 2. Writing on questions related to reading (max time 20 minutes)**
- 3. Sharing of writing (until all who want to share have read his/her writing)**
- 4. Open sharing until 11:10.**

LOCATION: Jersey Shore Medical Center, Corlies Ave (Rt 33), Neptune, NJ.
The Brennan Pavillion 1st Floor Room B-104. Free Parking.

TIME: 10 A.M. to 11:10 A.M.

CONTACT: Judy (from Monroe) 732-618-2531 (noon to 7:00 P.M.)

ALL OA MEMBERS AS WELL AS NEWCOMERS ARE WELCOME TO JOIN US!!!!