

RECENT OUTREACH EVENTS

Carrier Clinic Employee Health Fair – March 27, 2019

By Judy P.

Ross and I attended the Carrier Clinic Employee Health Fair on March 27th, 2019 from 7:30am until 2:00pm. It was a very well attended event by employees from different Departments. We had 29 people stop by our table: 9 health care professionals and the others showing interest for themselves, family or friends. Besides being able to distribute OA pamphlets, we also distributed some Lifeline Magazines to people who were interested in OA for themselves. Other vendors stopped by and the same woman from last year that worked for an Employee Assistance Program Consulting Group that provides this service for Companies across the country took information again from us, so we are reaching people across the United States that we would not normally have access to. We had a man stop by in recovery for many years in OA as well as a woman telling us she was active in her bulimia, as recently as on her way to work that morning. Carrier did an excellent job at always and this year provided employees healthy cooking demonstrations and violins players to create a soothing environment. Very grateful for the people who were able to stop by and honestly share their struggles with food and eating. We gave out many meetings lists, and pamphlets and we gave out so many sheets with the various intergroups throughout NJ, we ran out by the end of the day. Overall, I thought it was a very successful OA Outreach day.

Robert Wood Johnson Medical School – March 13, 2019

By Mikey J.

On Wednesday, March 13, 2019 we made a presentation to the first-year medical students at RWJMS. Jim H., Charissa K., and Frank M. shared their stories with the students. I acted as the MC and read the preamble and shared about the OA program in general terms before introducing the speakers. Dr. Kaul, who is the administrator of the program, decided to change the format just slightly and it worked out perfectly. Many of the documents that we had shared in previous presentations were put on line for the students to review ahead of time. All in all we were very well received. The students asked us many questions and picked up a lot of literature. In addition to our presentation, Dr. Jeffrey Levine, a General Practitioner and Dr. Charlotte Markey, a professor of Psychology at RWJMS (Camden Campus) shared on their experiences.

Discovery Institute in Marlboro, NJ – March 5, 2019

By Mikey J.

On Tues, March 5, Ross M and I made an OA Presentation to about 40 patients at the Discovery Institute in Marlboro, NJ. Discovery is an addiction treatment facility housing both short (4 weeks) and long term (6 months) patients. We were very well received. Our 30-minute presentation was part of an overall in-house program to educate the patients on eating disorders. We reviewed the OA program, told our stories and handed out appropriate literature to the attendees.