The Sunday Morning Overeaters Anonymous "Into Action" Big Book Meeting in Belleville, NJ presents...

"Special Speaker Series" <u>Principles + Action = Promises</u>

A four-week Special Speaker Series exploring the principles of each step and how, when worked, they lead to the promises. Each week there will be three speakers.

Dates: Sunday - April 5, 12, 19 & 26

Time: 9:00 - 10:30 am

April 5 - Honesty, Hope, Surrender (Steps 1, 2, and 3)

April 12 - Courage, Integrity, Willingness (Steps 4, 5, and 6)

April 19 - Humility, Love, Responsibility (Steps 7, 8, and 9)

April 26 - Discipline, Awareness, Service (Steps 10, 11, and 12)

New Zoom Instructions

Please join us virtually by clicking the link below.

If you would just prefer to call in then you can dial the number below. When you are placed into the meeting you are automatically placed on mute. Please remember that if you are not speaking please keep your phone on mute. You can unmute yourself by 1) if you are logged in on your computer the audio option will be on the lower left hand corner of the screen or 2) if you are on your phone press *6 (*6 will mute you again)

Join Zoom Meeting Link: https://zoom.us/j/8014675526 Meeting ID: 801 467 5526

For More Information Call: Jim H 732-397-7535 or Jon K 973-652-1335