

CJI AGENDA –Jan. 8, 2020

1. Open with Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 1 Our common welfare should come first: personal recovery depends on OA unity.

Spiritual Principle: **Unity**

- We seek common ground in the Twelve Steps of Overeaters Anonymous.
- We respect and follow group conscience guidelines to make decisions and resolve differences of opinion.
- We focus on our similarities not on our differences.
- We try and include everyone in our conversations and activities.
- We follow guidelines for sharing, such as no cross talk, interruptions, or side conversations and not taking more time than is our fair share.

4. Introduction of attendees- (and the welcoming of newcomers).

5. Review the minutes of Last Month

6. Pamphlet Project/5 Minute Qualification- Cindy S

7. Intergroup Principles-

- OA has no power structure, only a service structure.
- Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.)
- Disagreement does not equal personal rejection.
- Diversity can be our strength.
- If we all agreed on everything, we wouldn't all be necessary.
- Keep our discussions within the spirit of "I love you, but I disagree with you".
- When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Officer Reports-

Chair- Ross- Region 7 rep. elections (2); continuation of CJI secretaries nominations; listing of meeting donations; CJI roster

Anniversaries –Sun. Neptune 01/16/2002, 18 yrs.; Fri. Scotch Plains 01/15/2002, 18 yrs.

Vice Chair- Mike M –

Treasurer- Alex,

Recording Secretary - Sima

Corresponding Secretary - Kim J.

9. Committee Reports

-Web-Site- Robin B

-Today Newsletter- Robin M

Newsletter Survey? New edition out.

-CJI Outreach- Mike J,

-12th Step Within- Frank M

-Fundraiser-Lee Ann, Mike J, Kim J-

-News from Region- R7 Reports- LeeAnn

-News from World -2020 WSBC delegates, special meeting Jan 30, 2021

-Nominating Comm. -Sima, Mikey

Marathons

a. Sponsorship Day- Nick C, Danielle M.

b. IDEA DAY- Brenda S., Judy P

7th Tradition

c. Unity Day –Mike M

Retreats and Events

a. TWCR LeeAnn, Charissa

10. 7th Tradition'- WSBC Delegate travel

11. Old Business- 1. Website CJI audio files and You Tube Channel

2. Newsletter Survey

12. New Business-

13. News from Groups/Announcements: Aberdeen Monday meeting update

14. Concept 1: Guidelines- Unity

The ultimate responsibility and authority of OA world services reside in the collective conscience of our whole Fellowship.

15. OA Responsibility Pledge

Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

16. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at

CJISecretary@gmail.com.

17. Adjourn with the Serenity Prayer

January 16-17, 2021, OA's 61st Birthday
Weekend

February 28, 2021, Unity Day

**Our next Meeting is:
February 12, 2021**