

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 8: Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Spiritual Principle: **Fellowship**

- We donate our time and service to OA and to our fellows without an expectation of compensation.
- We reimburse OA trusted servants and retreat and special event leaders for their travel and lodging expenses, depending on circumstances.
- We may hire trained professionals, such as office staff, webmasters or parliamentarians to handle necessary jobs.
- We discourage the use of OA as a personal platform. We assume a position of humility.

4. Introduction of attendees

5. Review of last month's minutes

6. Pamphlet Project - Ross

7. Intergroup Principles

A. OA has no power structure, only a service structure. B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you".

8. Officer Reports

Chair (Danielle):

- Brenda is no longer able to serve as recording secretary effective immediately. We are grateful for her service. We are looking for a volunteer for this position.
- A special thanks to Bobbi L. for her work updating the meeting list as well as the anniversary list.

Anniversaries –

8/1/79: Saturday Shrewsbury (42 years!)

8/8/86: Thursday Red Bank (35 years!)

8/16/07: Thursday Highland Park (14 years!)

G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8/27/96: Thursday Freehold (25 years!)

Vice Chair -- Nick

Treasurer- Alex

Recording Secretary - CURRENTLY OPEN

Corresponding Secretary - Bobbi

9. Committee Reports

-Web-Site- Robin B

-Today Newsletter- Robin M, Ginny and Marybeth.

-CJI Outreach- Mike J,
th

-12 Step Within- Frank M

-Fundraiser-Lee Ann, Mike J, Kim J

-News from Region- Lee Ann, Mikey

-News from World Service - Lee Ann, Ross

Marathons

a. IDEA DAY- Mike M., Nick,

b. Unity Day - Mike M., Nick

Retreats and Events

a. TWCR Sima

b. Winter Dreams- Nick, Bobbi L., Bobbi M.

10. Old Business-

- Newsletter
- Friday night CJIOA meetings?

11. New Business-

12. News from Groups/Announcements:

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at bobbilink@aol.com

15. Adjourn with the Serenity Prayer

Our next Meeting is: September 10, 2021 at 7 PM on Zoom.

13. Concept 8: Delegation

The Board of Trustees has delegated to its Executive Committee the responsibility to administer the World Service Office.

August 21: Virtual Together We Can Recover Retreat Workshop

August 22: Virtual Sponsorship Day Event

August 26-28: WSO Convention to be held in Orlando is
CANCELLED.

October 1-3: Region 7 Fall Assembly at the Bon Secours Retreat and Conference Center in Marriotsville, MD. This event will not be hybrid. Guests may not attend due to COVID logistics.

November 5-7: Region 7 Convention to be held in person at the Princess Royale Oceanfront Resort in Ocean City, MD