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Hello friends,

I would like to officially introduce myself as the incoming chair of the [Central Jersey Intergroup of Overeaters Anonymous](#). Our incoming vice chair Nick C. and I are excited to begin our terms and look forward to being of service.

We are grateful for the hard work of our outgoing chair, Ross. M., and our outgoing vice chair, Mike M., and are fortunate to have their ongoing support and guidance.

Our regular Intergroup meeting was held [July 9](#) over Zoom. Committees were established to discuss keeping World Service updated as to meetings during this time of flux as well as the future of our newsletter.

Our Intergroup is in need of members to fill service positions.

- We are in need of intergroup reps from groups that currently do not have them. An intergroup rep is an OA member who attends the Intergroup meeting the second Friday of the month at 7 PM via [Zoom](#). Although not a big time commitment, this position is crucial, as it ensures the conscience of our fellowship reflects the voices of our membership.
- We are also searching for members of our [outreach committee](#). This committee meets occasionally to discuss how to ensure prospective members can find us. There is no abstinence requirement.
- We are desperately in need of an intergroup [treasurer](#). There is a six month abstinence requirement. Six months of service to CJI is also required. There is no need to be daunted by this position as it only requires a few hours of service a month. Our outgoing treasurer Alex

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Happenings in the Intergroup:

- The Eatontown Tuesday meeting has returned to [in-person meetings](#) at their regular time and place. In accordance with the church's requirements, masks and social distancing are required for those who are not vaccinated.
- The Brick Tuesday night meeting has voted to remain permanently [online](#).
- The [Laurence Harbor](#) group continues their writing workshop on the new book, Body Image, Relationships and Sexuality on Sunday nights at 5:30 via [Zoom](#).
- The Central and South Jersey Intergroups are hosting the [Together We Can Recover](#) retreat on August 21 from 1-4 PM via Zoom. The retreat will focus on the new book, Body Image, Relationships and Sexuality.
- The North, Central and South Jersey Intergroups are hosting a [Sponsorship Day](#) event on August 22 from 2-4 PM via Zoom. Topics include resources for Sponsorship, Healthy Boundaries and different styles of sponsorship.
- The World Service Organization Convention that was to be held August 26-28 has been [canceled](#).
- Registration is open for the [Region 7 Convention](#). The convention will be held in person November 5-7 in Ocean City, MD. The Convention will follow hotel, local and CDC guidelines for safety.

The [Central Jersey Intergroup](#) relies on the contributions of its members to bring the message of Overeaters Anonymous to the still suffering compulsive overeater. Individuals and groups may donate to the Central Jersey Intergroup via Paypal using [this link](#). You can even make a recurring monthly donation. If you are hosting an online meeting but are not yet collecting a Seventh Tradition, you may wish to encourage members to support CJI directly by cutting and pasting [the link](#) into the chat.

As always, thank you for your service and support. We would love to see you as a guest or a rep at our next Intergroup meeting next Friday, August 13 at 7 via [Zoom](#).

I am looking forward to continuing to walk this journey with all of you. Please

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Yours in Love and Service,

Danielle M.

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