

CJI AGENDA – October 8, 2021 at 7 PM

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 10: Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.

Spiritual Principle: Neutrality

- We take direction from our fellow members, emphasizing fellowship and group conscience rather than power hierarchy, when giving service at any level, including meetings, intergroup, region and world service.
- We practice rotation of leadership.
- We trust that HP is guiding us through group conscience.

4. Introduction of attendees

5. Review of last month's minutes

6. Pamphlet Project - Cindy

7. Intergroup Principles

A. OA has no power structure, only a service structure. B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you."

G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse.

6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

8. Officer Reports

Chair (Danielle):

- I was privileged to attend the Region 7 fall assembly as a visitor. For anyone who has not been, I highly recommend this experience.
- As a result of the merger, we now have 49 meetings. I learned at the assembly that CJI is currently the largest intergroup in New Jersey. In fact, the merger with JSIG made us one of the largest intergroups in Region 7. Unfortunately, despite our size, we are struggling to fill our treasurer position. The election is this month and no one has stepped up to fill this position. I have explained before that though the title may be intimidating, the job itself is very doable. The new treasurer will be supported by myself and Alex. I recognize that those regularly attending our intergroup meetings often wear more than one hat and appreciate the service already given, however, I am appealing that for the good of CJI and for the members it serves, someone step up to fill this position. Our intergroup cannot function without a treasurer.
- The Central Jersey Intergroup won a contest to have a principles workshop. The prize is free registration for every CJI Region 7 rep at the next in person event. (Possibly the spring assembly.)
- We will need Region 7 reps in the months ahead. Lee Ann is not a voting member as she is on the board. Mikey J. is rotating out. We have 4 slots for reps. Costs are paid for by CJI and we will carpool. Please consider this position, which entails attending a fall and a spring weekend assembly. The next assembly will likely be in person.
- I would like to get together a committee to host a special event on the 12 Freedoms to be held in January 2022. Is anyone interested in volunteering to put together this event?
- Bobbi has completed the updated meeting and anniversary meeting and it is terrific. Thank you, Bobbi!

- I was forced to reschedule the Ways and Means committee. A new date will be scheduled soon. As such, the budget discussion and vote is being tabled.
- An update on the cancelled 2021 World Service Conference: World Service was initially projected to take a \$250k loss for canceling the conference. We were able to renegotiate and as a result, the loss incurred will only be \$50k. Expect a convention to be held in Orlando in 2025.
- We are in need of volunteers for a committee to review policy and procedures.

Anniversaries:

October 6: Thursday, Hillsborough - 18 years!
 October 12: Thursday, Metuchen - 4 years!
 October 15: Wednesday, Westfield - 40 years!!!
 October 28: Saturday, Manahawkin - 33 years!!!
 October 29: Sunday, Laurence Harbor - 4 years!

Vice Chair -- Nick
 Treasurer - Alex
 Recording Secretary: Lucille
 Corresponding Secretary - Bobbi

9. Committee Reports

- Web-Site- Robin B
- Member Writing Ad Hoc Committee: Leanne, Nick, Robin
- MCC Ad Hoc Committee: Ross, Danielle, Frank, Bobbi, Robin
- CJI Outreach- Mikey J.
- 12 Step Within- Frank M
- Fundraiser-Lee Ann, Mike J, Kim J
- News from Region- Lee Ann, Mikey
- News from World Service - Lee Ann, Ross
- Bylaws: Nick, Sima, Bobb, Rossi
- Insurance: Mikey J.

Marathons

- a. IDEA DAY- Mike M., Nick,
- b. Unity Day - Mike M., Nick

Retreats and Events

- a. TWCR Sima
- b. Winter Dreams- Nick, Bobbi L., Bobbi M.

10.Old Business

11.. New Business

- **Treasurer elections**

12. News from Groups/Announcements:

13. Concept 10: Balance

Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.

Events:

November 5-7: Region 7 Convention is now VIRTUAL.

November 21, 10am - 12 pm: IDEA Day (Virtual)

December 12, 1pm - 3 pm: Carry the Message, a Twelfth Step Within Workshop (Virtual)

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meeting to the newsletter at bobbilink@aol.com

15. Adjourn with the Serenity Prayer

Our next Meeting is: November 12, 2021 at 7 PM on Zoom.