

OA CJI (Central Jersey Intergroup)
Monthly Meeting – October 8, 2021
MINUTES

The meeting was called to order at 6:54 p.m. by the Chair, Danielle and was opened with the Serenity Prayer.

Unity with diversity and other principles were read by Chair Danielle.

OA Tradition 10 was also read by Chair Danielle.

INTRODUCTIONS

Chair Danielle asked all attendees to introduce themselves:

- Ross, Alex, Bobbi, Brenda, Donna, Lee Ann, Lusk, Frank, Joan, Marybeth, Mikey, Nick, Robin, Sima.

REVIEW OF LAST MONTH'S MINUTES

Danielle commented the minutes were very good, like having a court reporter. Bobbi said even though she was not at the meeting last month after reading the minutes she felt like she was there.

Robin made a motion to accept the minutes and Nick seconded it – so the motion passed.

Mikey stated there is no way to read all the minutes in the amount of time Danielle took to share them on the screen. He said it was really important for everyone to read the minutes beforehand because from a practical standpoint he didn't think anyone could determine if they are correct otherwise. Mikey further indicated he does not want to have the minutes reviewed during the meeting because there is always a shortage of time and suggested this change going forward. Danielle agreed. Ross said he also agreed with what Mikey said. Danielle asked if there needs to be a motion and Mikey said the minutes come out far enough in advance for everyone to read at their convenience and asked for everyone's option on the matter. Ross stated he didn't think a motion was needed and rather it was a recommendation because before the minutes were not as long. He said people should take a few minutes to read the minutes before the meeting and make notes if any changes are necessary. Bobbi added that if anyone didn't have time to read the minutes prior to the meeting they can abstain from the vote and as long as there is a quorum they can pass. Ross questioned if there was going to be a vote taken because he never voted but Danielle explained there already was a motion that was passed.

PAMPHLET PROJECT

Danielle explained the Pamphlet Project was going to be done by Cindy this month, but she is not here and next month it is going to be Bobbi. She further stated since we have some business to

get to was it okay with everyone if we forego the Pamphlet Project and if we have time at the end of the meeting, we can do it then. There was no opposition.

Intergroup Principles and Strategic Goals were read by Danielle.

OFFICER REPORTS

Chair Danielle stated she was privileged to attend the Region 7 Fall Assembly last weekend as a visitor and said if you have never been she could not recommend it enough. She said it was really humbling to see how many people work behind the scenes to make it all happen. It's really beautiful the service they give, and the people are just wonderful. Danielle further advised as a result of the merger with Jersey Shore Intergroup we now have 49 meetings and are the largest Intergroup in New Jersey and one of the largest in Region 7. She is really proud that we have such a big vibrant Intergroup. Yet, despite our size we are really struggling to fill some slots, in particular the Treasurer position coming up tonight. Danielle expressed that we have begged and pleaded, and she talked to Karen Beck about using OA funds to try and get a Treasurer, but she said we cannot do that. We could hire a Bookkeeper but not a Treasurer. She said that she knows there are a lot of people in this meeting who wear a lot of hats and laughed that Lee Ann is going to collapse under all of the hats that she wears because there are just so many, and everyone is stretched a little bit thin but Danielle said she just has to ask if there is anybody on this meeting who could find some time to dig a little bit deeper and take the Treasurer spot. When Danielle spoke to Alex about the position, even though she is not a money person - in fact it's her weakness - after what the job entailed was explained she felt that even she could do it. She then asked Alex to explain to everyone what was involved and how doable the job really is because the title Treasurer is pretty intimidating.

Alex stated if you can keep your own checkbook as an adult then you can do this position as it is not really that difficult. It entails going to the post office box once a week because we do still have a number of people sending in a check. If you take the position the post office box could be moved to one that is most convenient to you, which normally happens when we switch Treasurers. Alex further advised it would take maybe four (4) hours a month to put together the Intergroup report together by going through the bank statement to confirm all of the checks written and deposits made reconcile correctly and there is really not much more to it than that. She also is available to answer any questions and will be there to hand hold the person who takes over all the way. Danielle thanked Alex for her service to date and asked her about how many hours are involved total. Alex responded approximately four (4) hours including driving to the post office and then going to the bank to deposit the checks and added this has not been done electronically yet but that is something that could be changed going forward because in her personal life she doesn't physically go to the bank to deposit checks but snaps a picture of them and deposits them that way. Alex joked that maybe we could move the CJI forward into the 21st century a little further. She explained that COVID-19 made everything ridiculously simple as there were no more (sadly) travel checks to give out to Representatives who were traveling to Region 7 or World Service events. So it has calmed down but eventually it will probably ramp up again as the world starts to re-open but we will get there when we get there. Danielle added there were two (2) Intergroups in New Jersey that folded and even though there were people who wanted to keep them, but it can't be done without these Officers.

Danielle said that when she was sick this week, she found out the Intergroup was fine without her but it is not fine without a Treasurer so it is really urgent because there is nothing we can do without a Treasurer so please consider it. If you are concerned about meeting the requirements, there is an abstinence requirement of six (6) months and a CJI requirement of one (1) year of service but in the past, we have allowed people to become “Interim” despite those things and then becoming full officers once they were eligible. Danielle again stated it would really help us so much if you could do this. Mikey asked since Joan T. was so nice to reach out to so many people in the Jersey Shore Intergroup regarding outreach how about also reaching out to others in the JSI for the Treasurer position or is that strictly a no-no? Danielle responded that the By-Laws committee took a look at this and asked Nick to confirm. Nick replied he would be getting further into this matter later in the meeting. Ross suggested that we formally ask for nominees, and he also commented that he believes the requirements are six (6) and six (6) – abstinence and CJI service – for the Treasurer position and Danielle stated he was right. Bobbi confirmed it was only six (6) months of CJI service required. Ross said we could appoint an Interim Treasurer and then vote for a short term once the requirements are met but the six (6) months of abstinence is key. Danielle asked if anyone was willing to take the nomination for this position. Then she asked if anyone would be willing to do the service for one (1) year or six (6) months. Ross asked Alex if she was willing to extend for the next three (3) months and we will keep working on trying to get a new Treasurer? Alex replied absolutely yes it was no problem. Danielle said she appreciated that Alex was willing to do that but at the same time she has a knot in her stomach asking her to do more than four (4) years and this is why people don’t want to make the commitment sometimes because they are afraid they will be permanent, and she wants to show everyone that’s not the case. Danielle also said if she has to do it for the next three (3) months rather than have Alex continue to do it she would, but she is still learning the role of Chair. She asked if there was anyone who was willing to do part of this role, and no one responded. Danielle said we would have to move on then.

Danielle reported at the Region 7 Assembly we won a Principles Workshop and the prize for that is free registration for every CJI Region 7 Representative at the next in-person event, which she assumes may be the 2022 Spring Assembly. She said we are going to need Region 7 reps in the months ahead because Lee Ann is not a voting member since she is on the Board and Mikey is rotating out. Danielle thanked Mikey for his service. Danielle explained we are going to have four (4) slots open, and she knows Mike M. is interested. She further advised the costs are paid for by CJI and we will carpool so please consider this when thinking about this position which entails attending a Fall and Spring Assembly probably in-person. Mike M. and I are both interested but would much rather go as a guest and have four (4) reps attend. Robin B. indicated that she was interested in being a Region 7 Representative. Robin stated her only concern was transportation and needed to know dates far enough in advance to make arrangements with her work. Danielle assured her we have wheels and would let her know dates as soon as they are released. Nick asked for clarification and confirmation it is only for two cycles and Lee Ann stated it is for two (2) years. Danielle asked Nick if he was interested, and he said with his son’s band he would have to think about it. Ross asked when is the nomination election and Danielle could not state exactly when it was and put it out in the universe for an answer. Ross added that if we Region 7 acknowledges that CJI now has 49 meetings then we are eligible for five (5) reps. Danielle said anyone can go to Maryland for free if they are interested. Bobbi offered reluctantly to do it and asked when it would start, and Danielle said starting in the Spring of 2022. Mikey

added he thought the Assembly was going to be in February and Lee Ann said it will be the last weekend in February and the facility is called Bon Secours which also houses retired nuns. Therefore, they are very aware and well-practiced in protocols dealing with COVID-19 and are protecting their retirees and making us very welcome so it's a really nice setup and they are also very familiar with OA food plans. Lee Ann stated that she has not been there, but Terry and Karen have been there and they think it is just totally a win for us. The grounds are exquisite and you can get a sense of it from the website and she thinks it will be a really good session. Danielle asked again if anyone else was interested. She questioned whether Lusk was interested, and he responded that he was just checking things out tonight. Danielle said it was a night of putting people on the spot and she feels dreadful about it.

Joan stated she had been a rep many times before and she might be interested in the Fall but not in the Spring. Joan further said she does not want to be Treasurer as she was the JSI Chair for many years and nobody wants that but she thinks if she asks the people in Lakewood at the Wednesday meeting because there are a lot of people at that meeting, she might get someone who is interested in the Treasurer position because they don't know we need one. Joan indicated she would call a few of them personally to see if anyone would be willing to work with Alex and learn the position. She commented that she cannot promise anything and feels bad that she cannot offer to do the position, but their Treasurer died, and she was excellent and would have done it in a heartbeat if she were still here. Danielle responded that she appreciates Joan offer but the only problem might be that they cannot attend the monthly CJI meeting, and Bobbi added that has been an issue in the past because the Sabbath gets in the way of the service requirement. Danielle said it may be a reason to consider moving the CJI monthly meeting or at least take the report from the Treasurer and Joan said she would find out. Robin B. stated and Danielle agreed that we have talked about changing the day of the meeting before. Robin said that now have more meetings that include Orthodox Jews and we want them to feel welcome but having the meeting on a Friday night is a little awkward in this regard. Robin B. suggested it be given some thought and maybe added to the agenda for next month. Danielle concurred it was a fair point, and she knows the Lakewood meeting has an intergroup rep named Gloria and she can make the Friday night meeting but there may be other Lakewood meetings where it might be a problem. Danielle said if anyone wants to make a motion during New Business to let her know. Ross reminded Danielle we already voted on this and we shouldn't vote every couple of months on the same thing. There should be a period of time that elapses before voting again since it was voted to keep the meeting on this day and time. Danielle replied that under Robert's Rule it would be three months and she knows it wasn't last month and it was probably the month before so in another month we could certainly table the vote until then.

Marybeth reminded everyone to mute themselves when not speaking because we're hearing echoes and background noises so please be sure you are muted. She further stated she cannot do the Treasurer position because she has service commitments at another program in addition to OA but feels if we all go to our home groups and let everyone know we really need a Treasurer and explain it only requires six (6) months of abstinence and six (6) months of past CJI service they qualify. Marybeth said there are a lot of people out there who have past service and although they are not involved anymore we might find somebody that we least expect to volunteer so she is making that recommendation. Danielle echoed what Marybeth suggested because she feels if everyone brings this back to their groups it would be helpful because the situation with the Treasurer is pretty dire

right now and is crucial plus it's not an undoable job but is vital to our operation especially as the biggest intergroup. She knows we have the people and can find someone.

Danielle stated she is looking to put together a Committee to host a special event on the 12 Freedoms in January of 2022 and explained it is a Region contest and is a new card that's come out and asked if anyone would be interested in setting up this event, whether virtual or in-person. Lusk asked for clarification on exactly what the Committee was for, and Danielle explained again.

Danielle said Bobbi completed the updated meeting and anniversary list and it is terrific. She thanked Joan for her help as well and called her a little angel from down the shore and stated how much we appreciate both Bobbi and Joan's service.

Danielle explained she was forced to reschedule the Ways & Means Committee meeting and the new date is now October 20th and if anyone is interested in attending it let her know and she will make sure you get an invite. Lee Ann questioned if October 14th was also an option, but Danielle advised there was a conflict for someone on that date and it appears everyone can make it on the 20th.

Danielle said there's some good news, as we all know, the 2021 OA World Conference in Orlando was cancelled, and we were supposed to take a \$250,000 hit to the fellowship as a result of having to cancel for safety reasons. However, World Service has re-negotiated, and the loss incurred is now only \$50,000 so we can expect the convention to be held in the same location in 2025.

Danielle next informed everyone we are in need of members for a Committee to review policies and procedures and asked if anyone would be willing to do that service. Bobbi and Ross volunteered to take the service and work together on it.

ANNIVERSARIES

Hillsborough meeting has 18 years as of 10/6, Wednesday Westfield meeting has 40 years (OMG), Saturday Manahawkin meeting has 33 years and Sunday Lawrence Harbor (that's Danielle's group) has 4 years and Metuchen Thursday meeting also has 4 years. Danielle congratulated all of them.

VICE CHAIR

Nick stated he had nothing much to report except under different committees. He said under Old Business he can report that he, Sima, Ross and Bobbi met via Zoom at first and then via email to work on the By-Laws. It was decided to leave the By-Laws as they are. The reason for this decision was because it gets a little complicated and Nick deferred to Ross for a better explanation. Ross stated there was something on the agenda under Committee Reports for a report on By-Laws and asked if he should provide it now instead and Nick agreed. Ross said initially what was suggested was to take out "service to CJI" so it would just service above the group level. Karen said yes you can do it, but she didn't recommend it. Karen provided some scenarios of people coming from different areas and really not familiar with CJI and that's what Ross thought also. He said that he would take Karen's recommendation even though she said we could do it. Ross stated the second

thing was they did take a vote, based on a motion that Bobbi made, and there was something about residing in Central Jersey and he doesn't think Ocean County is considered Central Jersey. He further advised that CJI now has more meetings in Ocean County and he didn't think Manahawkin was in Central Jersey. Bobbi offered to explain a little more that the reason she made the motion is because our current By-Laws also allow the same exception that Karen would allow even though she didn't like it because it would allow someone outside of Central Jersey to become an Officer of CJI. Bobbi further advised she happens to have a sponsee in Florida who spent more than six (6) months as an Intergroup representative, and she attends a lot of our meetings online because of Zoom (Zoom is the problem), so she could actually run for any office living in Florida. Bobbi said this is based on the change that was suggested and on the current language in our By-Laws. So what they struggled with was trying to put in some type of residential requirement that would indicate you had to be at least in this area and another requirement that you had to be actively coming to our meetings and we could not come to a good conclusion on how to state that so that's why they decided to leave it as is, knowing we still have a loophole there with Zoom meetings. Ross added the one thing we have in the By-Laws that most people know is the only current part is the abstinence, so if you were a past Intergroup rep. and attended at least six (6) meeting then that's six (6) months of service beyond the group level. Ross said it is implied in the By-Laws that service is usually Intergroup level but there are some jobs, for example Newsletter Editor, which could become an issue and we would have to discuss it. Ross said there is one past Treasurer that regularly attends CJI meetings who would be eligible because that service does not have to be current.

Joan stated she knows the 609-area code is considered South Jersey but in the Jersey Shore Intergroup a lot of the meetings in Cape May were not theirs. She said some meetings in Cape May and Atlantic County did not belong to Jersey Shore Intergroup but instead to South Jersey Intergroup. Joan further said she doesn't know when the State is cutting what is North, South, etc., what is considered Central Jersey (Somerset, Middlesex, Union, Mercer counties) and she doesn't know exactly what counties are listed but she feels that Ocean is close enough. Joan said that Jersey Shore took care of Ocean County but also some other areas that were not in that county and feels it is just semantics. Danielle commented that CJI has always had some Ocean County meetings, such as Jackson. Bobbi added that another problem is CJI also borders on North Jersey, like the Berkely meetings – one of them belongs to us and the other one doesn't. She said there are also several people who live in North Jersey territory that attend CJI meetings that could end up wanting to serve and that's why the committee had a really hard time with setting any type of territorial boundaries. Bobbi again stated that as long as Zoom meetings exist, we understand we have a loophole in our current By-Laws and that's why we are not opening them up anymore and if someone decides to serve we have to decided then and there whether we want them to serve. Lee Ann raised a question that is going to be brought up to World Service in the Spring, which is being described as Trustee restructuring. She informed everyone that currently we have seventeen (17) Trustees, 12 Regional Trustees and 5 General Service Trustees. The view is that it is a bit of an unwieldy structure and that we could be more efficient with fewer Trustees. She stated the proposal includes a virtualization of the Trustees based on where they live and what Region they serve, which means the requirement that you must live in your Region is going to be relaxed or eliminated. Lee Ann said if OA at the World Service level is moving in the direction that where you live is less important and you can still serve as long as you are connected to that group in the

ways that matter then maybe it is something that should be considered as the fact is we used to have to drive places and now we don't always.

Danielle asked if Nick had anything else to report under the Vice Chair report and he just reiterated that the By-Laws Committee voted to leave them as is and decide on a case-by-case basis. Danielle thanked Nick for all the work he has been doing as Vice Chair on his own and he offered to Chair the meeting because he knew Danielle was not feeling well earlier in the week. She said the only reason she didn't let him is because he has too much experience and she doesn't have enough and stated Nick is the best and she couldn't be happier.

TREASURER

Alex shared her screen and reported in September we took in almost \$4,000 (\$3,992.39), and the largest chunk of that was of course from the disbursement of the Jersey Shore Intergroup and if you scroll down to the bottom of the page she listed it there (\$2,888.08). If you take that out of the meetings donations at the top (\$3,655.39), we took in more from PayPal than by check, but we got the one really large check. For expenses, we had our usual website expense and the Zoom account and the \$33.00 under the State of New Jersey is because every year we are required to go online and check off that we are still active and are still non-profit and they charge \$33.00 so she basically did our taxes for the year with the State. Our working balance total is \$18,978.12.

RECORDING SECRETARY (Interim)

Lucille was unable to attend the meeting so there was no report.

CORRESPONDING SECRETARY

Bobbi L. reported we only have 48 meetings as the one men's meeting in Lakewood was officially cancelled and is not present online anymore. She said there are only 46 meetings on the list right now because she hasn't added the 2 summer meetings that are in Brandt Beach, but she will be doing that as soon as she finds out what the Shrewsbury Monday night meeting decides what they are going to do, and then she will add the other 2 summer meetings. Bobbi informed us there are 13 meetings that are live right now and not on Zoom. She stated the anniversary list was from information she got from Laurie, our World Service registrar. Bobbi explained she is updating materials that she sends to new Intergroup representatives because the 2 letters were old and outdated and referred to in-person meetings. She is sending out the By-Laws right now but would also like to send out the procedures manual so that's why she would like to see it updated. If anyone has any information they think new representatives need she would like to include exactly what the duties are for the new reps. Please let Bobbi know if you have any other ideas on what we can send out to a new representative when they start.

COMMITTEE REPORTS

Web Master - Robin B. stated our statistics are down a little bit but that's because it depends on how many programs are being done so it's a very seasonal kind of number. Robin further said that people are coming to our website for Intergroup documents because our current Chair is not

sending them out but instead suggesting people go to the website to get them. She agrees this makes good sense because they are mostly looking for the meetings list, virtual events and the audio files. Danielle added that Mail Chimp tells her who is opening these links and who doesn't just to put it out there to make sure everyone is reading the minutes.

Member Writing Ad Hoc Committee – which includes Lee Ann, Nick and Robin. Danielle asked if there was a report and Nick advised they are meeting in the future and Lee Ann confirmed it is scheduled on the 20th.

MCC (Meeting Coordination Committee) - Ross reported they had a meeting on September 28th and basically some of the discussion has already been covered during this meeting. He could not say enough about the amount of work that Bobbi is doing including keeping all the meetings straight and their anniversaries, as well as working with the former Jersey Shore Intergroup (JSI) meetings to get them registered into CJI. Bobbi added she confirmed last week they are all now registered as they were having trouble with one and Laurie helped us out with that one before she disbanded the JSI so we are all okay. Ross advised they also discussed “hybrid” meetings and you can find it on OA.org as there was an information page which he sent to Danielle but is not sure if we sent that out yet. He said it is relatively easy to do a hybrid meeting and there are spots on the registration where you can list if you are a hybrid meeting. So if anyone wants to go hybrid, anyone on the Committee either Ross or Bobbi could help them. Ross advised the committee did not schedule a future meeting at this point because most of the work is done. It is not officially disbanded but no meetings are scheduled at this time. Danielle thanked Ross, Frank, Bobbi and Robin for their service on this committee. She added an interesting thing came up at Region in that they are trying to earmark some money, it hasn't been voted on yet as they are going to discuss it in the Spring, \$2,000 for Intergroup for meetings that are trying to go hybrid. Danielle indicated she knows the costs for a hybrid meeting that she is aware of is an omni-directional microphone and sometimes a hot spot depending on the location. Stay tuned and hopefully we will have some good news on that at some point in the future.

CJI Outreach – Mikey stated he really wants to plan a committee meeting and thanks to Joan T. there is a whole bunch of new people from JSI that might be interested, including Lusk, who is attending this meeting. Mikey said he is going to be reaching out to every one of them with a tentative agenda. He further advised there is a bunch of things that are really exciting as he has some crazy things he wants to send out to doctors and various other people. He has a bunch of other ideas that he will share but he needs some time and is looking at the week of October 19th. So if you are interested please let Mikey know the time you are available on either 10/19, 10/20, 10/21 or 10/22. Mikey said his email address is on the website and he will put his in the chat for this meeting and to please let him know. Joan added that she can get the email addresses from everyone on the JSI list and provide them to Mikey. He said that as soon as he gets them, he will put out an agenda and he really thanks everyone who participates because it is so important.

12th Step Within - Frank reported Carry the Message is the theme of the workshop for this year's 12 Step Within Day. He stated it is on Sunday, 12/12 and the workshop would be held from 1:00-3:00 pm via Zoom. Frank advised the format is complete, speakers are lined up, the committee has met and they have assigned all roles. He commented there will be a dry run of the workshop as the date gets closer and they are just putting the finishing touches on the flyer. Frank told

Danielle that Susan from North Jersey Intergroup directed him to someone who could help design the flyer, which is just about done except for a couple of finishing touches and should be completed by this weekend. Frank said we are all looking forward to it. He reminded everyone this coming Tuesday is 10/12, which is a mini-12 Step Within Day so please at your meetings remind your groups to reach out to someone who is missing or is struggling.

Fund Raiser - There was also no report from Fundraiser.

NEWS FROM REGION 7

Lee Ann stated that Danielle pretty much got it already and advised they got a lot done around virtualizing and overall it was a really good session although she thinks people were a bit disappointed that we were unable to be in-person. Lee Ann added that unfortunately the convention cannot be live either and we have managed not to spend a lot of money on nothing with that facility as we have extended our contract with the hotel that will be next year and the following year as they were willing to work with us, which is a good thing. Mikey reported that he was also at Region and being on the Outreach Committee they were able to approve a budget of \$250.00 for any Intergroup that wants to do any kind of outreach work so all we have to do is ask Region and we will get \$250. Danielle told Mikey we appreciate his service as our Region 7 representative and she is glad he is still going to be going because she saw him in his element and it was pretty wonderful how he was cooking and shaking for the Outreach Committee and thanked him.

NEWS FROM WORLD SERVICE

Ross reported that he was speaking to a Trustee who wasn't Bob or Karen and of course the hope is that we will be in person next year, but it is more than likely it is going to be a hybrid, especially with the countries that are overseas. He also said that hopefully travel restrictions will be lifted by then and hopefully they will be able to do a hybrid meeting. As far as his 12 Step Within Committee, and there were various other sub-committees, and actually he mentioned there was a Calendar Committee that was disbanded because the Trustees took over and made a motion on this but since it was going to be our committee he would report on it. The interactive event calendar on OA.org may be up and running in January, 2022. Ross said it is kind of like the Region 7 event calendar where you could put flyers and everyone could see it there. Also, there was a Sponsorship Committee survey and Ross looked at the latest bulletin but didn't see it there, however, it is coming out soon. Ross further stated for the 12 Step Within Committee members they sent us the survey and he filled it out already and he is expecting it to come out through either the bulletin or OA.org. Ross advised after not being on a sub-committee because the Calendar Committee was disbanded he felt that he wasn't doing enough and helped another sub-committee called the Still Struggling sub-committee that is doing a PowerPoint presentation he thinks called Still Struggling but it could be called something nicer. It is going to have all kinds of prayers and all types of promises plus it has acronyms and information on the different things you can do or how to help people who are struggling. Ross stated the one thing he worked on that wasn't that hard was because when you have been in the program for a long time you kind of know all about slogans, so he came up with about ten (10) slogans that are part of the PowerPoint presentation. Danielle asked Ross if he know whether the new number of meetings in CJI affects our number of World

Service delegates. Ross responded if you read the By-Laws and interpret it he thinks we can have three (3) delegates. He further stated CJI has always had two (2) delegates and he believes the reason is because we could only afford two, but Ross thinks we should look at the By-Laws to see if we can have three. Bobbi read from the By-Laws and said for the first fifteen (15) meetings you get one (1) representative and then one (1) for each additional fifteen (15). Ross confirmed that means we could have three (3) delegates. He also said regarding the By-Laws if we are going to leave them as is one of us has to contact Karen and let her know the Ad Hoc By-Laws Committee reviewed them. Ross advised she probably doesn't need to see them again because they came out in 2019 but he thinks as our Region 7 Trustee maybe Karen B. (Becker) should be officially notified. He said maybe Nick or someone else on the committee should find out if we need to resubmit it or just let her know we have reviewed it because in the By-Laws it states we have to review it every two (2) years.

BY-LAWS

Discussed previously in the meeting.

INSURANCE

Mikey reported there are a number of meetings he is noticing that due to COVID-19 and everything else they are changing facilities. For example, the Shrewsbury Monday night meeting is moving to the Episcopal church is Asbury Park and they are requiring an insurance certificate of liability. Mikey further advised if anyone is moving their meeting or requires a new certificate of insurance just find out if there is any special indemnification and get the address of the facility and any special indemnification and he will get you a new liability certificate within a couple of days.

MARATHONS

- Idea Day

Nick confirmed it is Sunday, November 21, from 10:00 am to 12:00 noon and the flyer is on our website. There will be three (3) speakers, one is a newcomer, one person who just came out of relapse, and the third one will be a long timer. They will be sharing their experience, strength and hope, as well as giving tips on how to get through the holidays. Nick stated there is another meeting coming up on October 19th.

- Unity Day

Nick said Unity Day is definitely going to be virtual and they switch it on even years either Saturday or Sunday for World Service and it's the last weekend in February. Nick asked Ross to confirm but he said that he needs to check on it as he doesn't remember. All three (3) Intergroups will be involved because we talked about it at our last Idea Day meeting. Danielle stated she spoke to Susan and she would like Nick to contact her.

RETREATS & EVENTS

Together We Can Recover - Sima reported they don't have anything planned yet for the next one.

Winter Dreams - Nick reported he has been trying to get a hold of Maris Stellas but hasn't heard back from them. He said it looks like this will be virtual especially with the way things are going regarding COVID-19 numbers. Nick said he would try again this week to contact the facility. He also asked Bobbi L. if she was on the committee, and she said he had asked her to be on it when he asked her to be Treasurer again. Danielle asked Bobbi L. what she said when Nick asked her about the Treasurer position, and she said no and laughed. Nick said then he would contact both Bobbi L. and Bobbi M. about this event.

OLD BUSINESS

Danielle asked if anyone had any old business and there was no response.

NEW BUSINESS

Danielle asked again if anyone was willing to take the nomination for Treasurer or knows of someone that could be nominated for the position. Ross responded that he was going to ask Kathy G., who was a past Treasurer, that he already spoke to about it and he would probably get a no again, but you never know. Bobbi L. asked if Ross had tried Kim, who was Treasurer before Kathy, and Mikey said he tried Kim and also sent a note to Judy P. He said he emailed her to see if she might have any interest. Danielle stated she was asked to take the Chair position and even though she met the qualifications, everyone in this Intergroup meeting has more Intergroup service than me and probably most have more time than me. She further commented that no one wanted to take the commitment and it seemed overwhelming, but she took the commitment and it has been the best thing to happen in my recovery and she just wants to put that out into the universe. Danielle suggested everyone pray on this and if there is anyone who thinks they could take on this role please let me know. She could not even express how urgent it is for us to have a Treasurer. Robin B. stated that she has her hands full and is providing Intergroup service that needs to be done but she has asked her local meeting treasurer to pray about it but whether that will go anywhere she doesn't know. She said this person would be great, but this is one of the meetings that she has been pleading with to appoint an Intergroup representative. Robin B. expressed that she really enjoys being Web Master and has thought about giving it up if someone would take it, but she really enjoys it. Danielle said that is why it is so hard for her to go on this meeting and ask because there is not one person who is not doing a lot and she is not scolding anyone but is just begging, which is different and laughed. Danielle said if anyone knows anyone to please give her a call.

NEWS FROM GROUPS OR ANNOUNCEMENTS

Danielle asked if anyone had any news or announcements from their groups. Robin B. asked Bobbi L. if Chris F. had gotten in touch with her because the 7:15 on Sunday (formerly of Temple Emanuel in Edison) have decided to re-cast themselves as an online meeting but want to stick with CJI-OA. Bobbi L. asked for clarification on what they want to do, and Robin B. responded they

are not going back to face-to-face in the near future. Bobbi L. further stated if they want to go permanently via Zoom, they need to change to online and they can pick CJI as long as they don't say "virtual" meeting. Robin B. said they lost their meeting space because Temple Emmanuel has been sold and they are actually thriving as an online meeting.

Ross asked Mikey about the outreach prototype set up in the Jackson meetings and asked him if he wanted to talk about it. Mikey explained that because we they have a face-to-face he went that morning to the Jackson meeting. He said the Jackson meetings are on Wednesday morning and Friday morning so there are two (2) meetings that are face-to-face, so he is going to share our outreach material with that particular meeting. Mikey further stated what he would like to do is to do the same thing for all face-to-face meetings. This is information just for individuals at that meeting to bring up with their physician or healthcare provider on a one-on-one basis to let them know what we are doing in OA. It is all part of the outreach thing and would be just a couple of pieces plus maybe a flashlight (he said his doctor loves the flashlight). Mikey feels this is the best way to do it through the face-to-face meetings and he is doing it with the Jackson meetings and is happy to do it with any others. He is triple vaccinated and would love to bring it to any other face-to-face meeting. Ross added the way it is going to be done is during the announcement portion of the meeting it will be asked if anyone is going to be seeing a healthcare professional and would be willing to provide them with OA information and then talk with them after the meeting. Mikey added the incentive is the member gets to keep one flashlight and pen for themselves and give one to the healthcare professional. He said it is a nice thing because the person is doing that service and gets rewarded plus he has all this stuff and wants to get it out of his house and make use of it.

Marybeth advised the Lawrence Harbor meeting at 5:30 pm could really use some support. We are finishing up on the book "Body Image – Relationships and Sexuality," on the website it says until August 15th, but we are going to be continuing it. She said there were three (3) people writing about it. Marybeth stated the Sexuality part is finished and the Relationship part is almost done, and the Body Image still has a few more to do and it is a reading and writing meeting that is very good. She commented it was intense and personal but it's very good so anyone who is going through body image issues within your recovery it's a great meeting, so Marybeth just wanted to put a plug in for it and it is virtual on a Zoom platform.

CONCEPT – 10 Balance: Danielle read that service responsibility is balanced by carefully defined service authority, therefore duplication of efforts is avoided.

Region 7 convention is November 5-7 and is now virtual. November 21st from 10:00 am Idea Day is virtual. December 12th from 1:00–3:00 pm Carry the Message 12 Step Within workshop is virtual.

General Note - please remember to send all changes for group meetings (new, cancelled, times, etc.), contacts, etc., to BobbiLink@aol.com.

Danielle stated we actually have time for a five (5) minute qualification if someone would like but no one volunteered. Danielle adjourned the meeting at 8:26 pm after the Serenity prayer.

The next meeting will be on Friday, November 12th at 7:00 pm.