

CJI AGENDA – January 7, 2021 at 7 PM

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 1 : Our common welfare should come first: personal recovery depends on OA unity. Spiritual Principle: Unity

- **We seek common ground in the Twelve Steps of Overeaters Anonymous.**
- **We respect and follow group conscience guidelines to make decisions and resolve differences of opinion.**
- **We focus on our similarities not on our differences.**
- **We try and include everyone in our conversations and activities.**
- **We follow guidelines for sharing, such as no cross talk, interruptions, or side conversations and not taking more time than is our fair share.**

4. Introduction of attendees

5. Review of last month's minutes

6. Service Pamphlet Project - Robin

7. Intergroup Principles

A. OA has no power structure, only a service structure. B.

Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C.

Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you."

G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse.

6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

8. Officer Reports

Chair (Danielle):

- Repeat from last month: I am requesting every intergroup member please collect interested group and individual email addresses so I can include them on the CJI mailing list.
- Vice chair will likely run February meeting.
- Meeting changes: Done. (Thanks Bobbi!)
- From World Service: Hybrid meetings are now on the meeting finder. 16% of meetings are hybrid. (In CJI Shrewsbury

and Lakewood Wednesday are hybrid meetings.)

- Zoom bombings hit CJI: Laurence Harbor and both Lakewood meetings.
- Status update on inactive groups.
- Tradition reminder: selling services

Anniversaries:

- Friday Scotch Plains: January 15, 2002 (20 years)
- Sunday Neptune: January 16, 2002 (20 years)
- Monday Manahawkin: January 17, 1994 (28 years)
- Monday Toms River: January 21, 2010 (12 years)

Vice Chair - Nick

Treasurer - Barbara (Pushed to February)

Recording Secretary - Lucille

Corresponding Secretary - Bobbi

9. Committee Reports

-Web-Site- Robin B

-CJI Outreach- Mikey J.

-12 Step Within- Frank M, Ross

-News from Region- Lee Ann

-News from World Service - Lee Ann, Ross

-Bylaws: Nick, Sima, Bobbi, Ross

-Insurance: Mikey J.

-Policy and Procedures: Ross, Bobbi

- Vote

OA Holidays:

OA Birthday: 1/19/1960

a. Unity Day (last wknd Feb.-Sat even/Sun odd.) - Mike M., Nick

b. Sponsorship Day (3rd full weekend in Aug.)- Nick

c. IDEA DAY (third weekend in Nov.)- Mike M., Nick,

d. 12 Step Within Day (12/12) - Frank, Ross

Retreats and Events

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meeting to the newsletter at bobbilink@aol.com

15. Adjourn with the Serenity Prayer

Our next Meeting is February 11, 2022 at 7 PM on Zoom.

a. TWCR Sima

b. Winter Dreams- Nick, Bobbi L., Bobbi M.

c. 12 Freedoms Workshop - Donna, Lucille, Bobbi

10.Old Business

11. New Business

12. News from Groups/Announcements:

13. Concept 1:

The ultimate responsibility and authority of OA world services reside in the collective conscience of our whole Fellowship. (Spiritual Principle: Unity)

Events:

January 6: Winter Dreams Retreat (Virtual)

January 30: 12 Freedoms Workshop