

CJI AGENDA – May 13, 2022, 7 PM via Zoom

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 5: "Each group has but one primary purpose. To carry its message to the compulsive overeater who still suffers."

- We focus our shares on the solution, not just the problem.
- We share our experience with compulsive eating, compulsive food behaviors and recovery through OA. Together we can do what we could never do alone.
- We may develop close relationships with fellow members, however, we remember that the primary purpose of our meetings is to carry the message.
- Spiritual Principle: Purpose

4. Introduction of attendees

5. Review of last month's minutes

6. Service Pamphlet Project - Mikey. Volunteer for next month?

7. Intergroup Principles

- A. OA has no power structure, only a service structure. B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C. Disagreement does not equal personal rejection. D. Diversity can be our strength. E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you." G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors.
3. Increase the number of newcomers.
4. Increase the retention of newcomers.
5. Help those in relapse.
6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Officer Reports

Chair - Danielle

- Atlantic Highlands meeting
- Update on 3 remaining inactive groups (Cranford Tuesday, Clark Tuesday and Aberdeen Tuesday)
- WSBC Coverage
- Summer event - volunteers

Anniversaries:

- Saturday Brant Beach - May 8, 2018 (4 years)
- Tuesday Eatontown - May 23, 2008 (14 years)

Vice Chair - Nick

Treasurer - Barbara

Recording Secretary - Lucille

Corresponding Secretary - Bobbi

9. Committee Reports

-Web-Site- Robin B

-CJI Outreach- Mikey J.

- RWJ Medical School

-12 Step Within- Frank M, Ross

-News from Region- Lee Ann

-News from World Service - Lee Ann, Ross

-Bylaws: Nick, Sima, Bobbi, Ross

-Insurance: Mikey J.

OA Holidays:

OA Birthday: 1/19/1960

a. Unity Day (last wknd Feb.-Sat even/Sun odd.) - Mike M., Nick

b. Sponsorship Day (3rd full weekend in Aug.) - Nick?

- Need volunteer and to get started.

c. IDEA DAY (third weekend in Nov.)- Mike M., Nick,

d. 12 Step Within Day (12/12) - Frank, Ross

Retreats and Events

a. TWCR Sima

b. Winter Dreams- Nick, Bobbi L.

C. Service Workshop:

10.Old Business

- Podcasts

- Literature storage
- Sponsorship List
- Social Media

11. New Business

12. News from Groups/Announcements:

13. Concept 5: "Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered."

- Spiritual Principle: Consideration

Events:

May 22 (3pm): OA Walk at Shark River Park

June 12 : CJI Presents The History of OA Presented By Those Who Lived It (Zoom)

July 17: The Truth About Service (Zoom)

Sept 16-18: Region 7 Fall Assembly at Bon Secours

November 4-6: Region 7 Convention

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to bobbilink@aol.com.

15. Adjourn with the Serenity Prayer

Our next Meeting is June 10, 2022 at 7 PM on Zoom.