1. Open with the Serenity Prayer

- **2. Welcome** As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.
 - -We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.
 - -Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.
 - -Please raise your hand to be recognized. No crosstalk.
- **3. Tradition 1:** "Our common welfare should come first; personal recovery depends on OA unity."
 - It has been said that we only have one tradition, the first tradition, and that the other 11 help us work towards tradition one.
 - WE not me. The spirit of the 12 steps teaches us to put others first. The first tradition gives us a practical reason for putting the fellowship as a whole first: without OA none of us would have what we need to recover. Thus, unity = life or death
 - Spiritual Principle: Unity
- 4. Introduction of attendees
- 5. Review of last month's minutes
- 6. Service Spotlight: Traditions Reminder with Karen, the Region 7 Trustee

7. Intergroup Principles

A. OA has no power structure, only a service structure. B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C. Disagreement does not equal personal rejection.

- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you."
- G. When the group conscience is reached, let there be unity.

8. Officer Reports

Chair - Danielle

- Thoughts on service and OA Birthday update
- PNC Bank sign ????
- Meeting list update
- Corresponding Secretary Nominations
- Recording Secretary Nominations

Strategic Goals

- 1. Help members strengthen their recovery.
- 2. Increase the number of sponsors.
- 3. Increase the number of newcomers.
- 4. Increase the retention of newcomers.
- 5. Help those in relapse.
- 6. Continue our Outreach to the Public and healthcare professionals.
- 7. Inspire people to give more service.

Vice Chair - Nick

Treasurer - Barbara

• Account Books review

Recording Secretary - Lucille

Corresponding Secretary - Bobbi

9. Committee Reports

- -Web-Site- Robin B
- -CJI Outreach- Mikey J.
- -12 Step Within- Ross, Lusk, Marty
- -News from Region- Lee Ann
 - Hybrid workshop?
- -News from World Service Mikey, Ross, Leeann
- -Bylaws: Nick, Sima, Bobbi, Ross
- -Insurance: Mikey J.
- -Nominating Mikey, Sima
- -Fundraising Lucille & Danielle (February?)
- -Literature Dispersal Action Team Ross

OA Holidays:

OA Birthday: 1/19/1960: Robin and Danielle

- a. Unity Day (last wknd Feb.-Sat even/Sun odd.) Mike M., Nick
- b. Sponsorship Day (3rd full weekend in Aug.) Nick, Alex, Events: Joan
- c. IDEA DAY (third weekend in Nov.)- Mike M., Nick,
- d. 12 Step Within Day (12/12) Ross, Lusk

Retreats and Events

- a. TWCR Bobbi, Leeann, Nick, Elaine, Sima
- b. Winter Dreams- Nick (CANCELED)

10.Old Business

- Social Media/Lucille
- Survey/Marty

11. New Business

12. News from Groups/Announcements:

- **13. Concept 1:** "The ultimate responsibility and responsibility and authority for OA World Services resides in the collective conscience of our whole fellowship."
 - We are an upside down pyramid of service; the members are the people we serve. This is drastically different from other organizations.
 - This concept is the reason why every member should get one vote and this is why all groups should have an intergroup rep.
 - Spiritual Principle: Unity.... Again. Because you can never get too much of a good thing!

- Sat. January 21 at 7:30 PM VIRTUAL Birthday Celebration: "Fun in Recovery"
- 2/17-2/19/2023: Region 8 Assembly (Bon Secours in Marriotsville, MD)

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to bobbilink@aol.com.

15. Adjourn with the Serenity Prayer

Our next Meeting is February 10, 2023 at 7 PM on Zoom.