

CJI AGENDA – February 10, 2023, 7 PM via Zoom

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

-We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

-Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

-Please raise your hand to be recognized. No crosstalk.

3. Tradition 3 The only requirement for OA membership is a desire to stop eating compulsively. **Spiritual Principle: Identity** • We welcome and accept all. Allowing each of us to decide whether we meet OA's only requirement for membership. Recovery is not a requirement; struggling members need our support. • We practice patience and compassion for members who pose difficulties. We protect members from abuse, but we do not permanently bar disruptive members. • We encourage members to choose their own plan of eating and decide how best to work their program.

4. Introduction of attendees

5. Review of last month's minutes

7. Intergroup Principles

A. OA has no power structure, only a service structure. B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.) C. Disagreement does not equal personal rejection. D. Diversity can be our strength. E. If we all agreed on everything, we wouldn't all be necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you."

8. Officer Reports

Chair - Danielle

- Phone

Vice Chair - Nick

Treasurer - Barbara

Recording Secretary - Lucille

Corresponding Secretary - Marybeth

Web-Site- Robin B.

-CJI Outreach- Mikey J.

-12 Step Within- Ross, Lusk, Marty

-News from Region- Lee Ann

-News from World Service - Ross, Leeann, Bobbi, Mike M.

G. When the group conscience is reached, let there be unity.

Strategic Goals

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse.

6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

- Bylaws: Nick, Sima, Bobbi, Ross
- Insurance: Mikey J.
- Nominating - Mikey, Sima
- Fundraising - Lucille & Danielle
- Phone - Mike M. (Begins next month)
- Literature Dispersal Action Team - Ross

OA Holidays:

OA Birthday: 1/19/1960: Robin and Danielle

- a. Unity Day (last wknd Feb.-Sat even/Sun odd.) - Mike M., Nick
- b. Sponsorship Day (3rd full weekend in Aug.) - Nick, Alex, Joan
- c. IDEA DAY (third weekend in Nov.)- Mike M., Nick,
- d. 12 Step Within Day (12/12) - Ross, Lusk

Retreats and Events

- a. TWCR Bobbi, Leeann, Nick, Elaine, Sima
- b. Winter Dreams- Nick

10.Old Business

11. New Business

12. News from Groups/Announcements:

13. Concept 3: The right of decision, based on trust, makes effective leadership possible. (Spiritual Principle: Trust)

The Third Concept allows trusted servants to do their jobs and to decide how to do some based on the role bestowed upon them by the groups/Intergroups.

-Example: Alex wants to change the web site to add a blue background and some flowers. She does not need to go back to Intergroup to make this change. **HOWEVER:** If Alex wants to hire an assistant webmaster she **DOES** need to go back to Intergroup because this is bigger than the role assigned to her as webmaster. It can be hard to know the difference. If you don't know if something is within your scope as a trusted servant the best place to check is the bylaws. If you still don't know it's always better to check.

Events:

- **Tues. March 21, 2023 at 7-9 PM (IN PERSON) Tuesday Night Metuchen Group Presents – Movie Night - featuring a Bill W. Documentary**
- **Thurs. March 23, 2023 at 7:30 PM (VIRTUAL) Intergroup Renewal of R7 Presents : A Workshop on the 7th Tradition (Flyer to be posted)**

14. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to bobbilink@aol.com.

15. Adjourn with the Serenity Prayer.

Our next Meeting is April 14, 2023 at 7 PM on Zoom