

#### Region 7 notes

Region 7 was virtual due to low registration, and a concern about making quorum. We had elections. LeeAnn S was elected recording secretary. Tiffany F was elected vice chair. The budget was approved. The business meeting spent some time clarifying the standing rules. There was time for committee meetings on Saturday mornings.

This was also Karen B's last assembly. We are grateful for her service.

Intergroup Renewal is doing a 7th tradition workshop virtually on 3/23.

With respect to 12 Step Within only 1 rep attended. Last assembly no one from 12th Step Within attended.

The Convention Planning Committee met. We decided on the theme for the 2023 Convention. Sail Into Recovery: Together we get better. The venue will be the same one as last year. Princess Royale Oceanfront Resort, First weekend in November.