## CJI AGENDA – May 12, 2022, 7 PM via Zoom ((Chair Note to Record Meeting)

# 1. Open with the Serenity Prayer

- 2. Welcome As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.
  - -We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.
  - -Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.
  - -Please raise your hand to be recognized. No crosstalk.

## 3. Tradition and Concept of the Month

- Tradition 5: "Each group has but one primary purpose. To carry its message to the compulsive overeater who still suffers." • We focus our shares on the solution, not just the problem. • We share our experience with compulsive eating, compulsive food behaviors and recovery through OA. Together we can do what we could never do alone. • We may develop close relationships with fellow members, however, we remember that the primary purpose of our meetings is to carry the message. • Spiritual Principle: Purpose
- Concept 5: "Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered." • Spiritual Principle: Consideration

## 4. Introduction of Attendees

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1) Officer constitutes a quorum Total CJI Meetings: 42 15%: 6 intergroup reps 6 intergroup reps + 1 officer = OuorumOuorum?

#### 5. Review of last month's minutes

• To include March and April

#### 7. Intergroup Principles

A. OA has no power structure, only a service structure. B. individual members." (OA 12 & 12, p 119; p 100, 2<sup>nd</sup> ed.) C. Disagreement does not equal personal rejection.

- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be Intergroup has "...no power to enforce rules on OA groups or necessary. F. Keep our discussions within the spirit of "I love you, but I disagree with you."
  - G. When the group conscience is reached, let there be unity.

#### **Strategic Goals**

- 1. Help members strengthen their recovery.
- 2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5.

Help those in relapse.

- 6. Continue our Outreach to the Public and healthcare professionals.
- 7. Inspire people to give more service.

### 8. Officer Reports

Chair - Danielle

Vice Chair - Nick

Treasurer - Barbara

Recording Secretary - Lucille (Out of town)

Corresponding Secretary - Marybeth

Web-Site- Robin B.

- -CJI Outreach- Mikey J.
- -12 Step Within-Ross, Lusk, Marty
- -News from Region- Lee Ann
- -News from World Service Ross, Leeann, Bobbi, Mike M.
  - World Service Report: Bobbi
- -Bylaws: Nick, Sima, Bobbi, Ross
- -Insurance: Mikey J.
- -Nominating Mikey, Sima
- -Fundraising Lucille & Danielle
- -Phone Mike M.

## **OA Holidays:**

OA Birthday: 1/19/1960: Robin

Unity Day (last wknd Feb.-Sat even/Sun odd.) - Mike M., Nick Sponsorship Day (3rd full weekend in Aug.) - Nick, Alex, Joan

IDEA DAY (third weekend in Nov.)- Mike M., Nick,

12 Step Within Day (12/12) - Ross, Lusk

### **Retreats and Events**

a. TWCR Bobbi, Leeann, Nick, Elaine, Sima

b. Winter Dreams- Nick

### 10.Old Business

- Chair Nomination
- Vice Chair Nomination

#### 11. New Business

### 12. News from Groups/Announcements:

- East Brunswick Monday 10 AM group will REOPEN May 15
- Freehold Monday 10 AM group will NOT meet on Memorial Day (May 29)

#### **Events:**

• Sunday June 11 from 2:30 - 3:30 PM: OA Walk Sponsored by the Monday Night Asbury Park Group at Thompson Park in Middletown

- **14. General Note:** -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

  15. Adjourn with the Serenity Prayer.

Our next Meeting is June 9, 2023 at 7 PM on Zoom.