

CJI AGENDA – October 13, 2023 7 PM via Zoom
(Chair Note to Record Meeting)

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

Please raise your hand to be recognized. No crosstalk.

3. Tradition and Concept of the Month

Tradition 10 states that Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.

Concept 10 is clarity. Service responsibility is balanced by carefully defined service authority; therefore duplication of efforts is avoided.

4. Introduction of Attendees

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1)
Officer constitutes a quorum
Total CJI Meetings: 38
15%: 6 intergroup reps
6 intergroup reps + 1 officer = Quorum
Quorum?

5. Review of last month's minutes

6. Intergroup Principles

- A. OA has no power structure, only a service structure.
- B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.)
- C. Disagreement does not equal personal rejection.
- D. Diversity can be our strength.
- E. If we all agreed on everything, we wouldn't all be necessary.
- F. Keep our discussions within the spirit of "I love you, but I disagree with you."
- G. When the group conscience is reached, let there be unity.

7. Strategic Goals

1. Help members strengthen their recovery.
2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse. 6. Continue our Outreach to the Public and healthcare professionals.
7. Inspire people to give more service.

8. Reports

Chair - Robin B

Vice Chair - Nick

Treasurer - Barbara

change the fiscal year?

New CJI budget discussion and vote

Recording Secretary - Lucille

Corresponding Secretary - Marybeth (Excused, reports that she continues to update the meeting list)

Web-Site- Alex

CJI Outreach- Vacant (Next intergroup)

Is there anyone interested in combining North J and Central J outreach

12 Step Within- Ross, Lusk, Marty

Research PNC Arts Center

News from Region- Lee Ann , Robin B

We need additional reps for Region 7.

News from World Service - Leeann, Bobbi

Bylaws: Nick, Sima, Bobbi,

Insurance: Mikey J.

Nominating - Sima, Ross

Election of Treasurer

Nominations for WSO Delegates

Fundraising - Lucille

Phone

OA Holidays: Unity Day (last wknd Feb.-Sat even/Sun odd.) - Nick

Sponsorship Day (3rd full weekend in Aug.) - Nick, Alex, Joan

IDEA DAY (third weekend in Nov.)- Nick,

12 Step Within Day (12/12) - Ross, Lusk

Retreats and Events

a. TWCR Bobbi, Leeann, Nick, Elaine, Sima

b. Winter Dreams- Nick

9. Old Business

10. New Business

From LeeAnn S: Service is requested for the 19 Region 7 IGs to make and deliver raffle baskets for the Region 7 convention. I will be attending Convention and can likely help with delivery as needed (would need to get the baskets collected for pickup, ideally).

Gift cards are also welcomed.

I can also transport a basket.

11. News from Groups/Announcements:

12. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

13. Adjourn with the Serenity Prayer.

Our next Meeting is November 10, 2023 at 7 PM on Zoom.