

CJI AGENDA –March 8, 2024, 7 PM via Zoom
(Chair Note to Record Meeting)

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

Please raise your hand to be recognized. No crosstalk.

3. Tradition and Concept of the Month

The third tradition reminds us that “The only requirement for O.A. membership is a desire to stop eating compulsively..”

The third concept is trust “The right of decision, based on trust, makes effective leadership possible.”

4. Introduction of Attendees

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1)

Officer constitutes a quorum

Total CJI Meetings: 38

15%: 6 intergroup reps

6 intergroup reps + 1 officer = Quorum

Quorum?

5. Review of last month's minutes

6. Intergroup Principles

A. OA has no power structure, only a service structure.

B. Intergroup has “...no power to enforce rules on OA groups or individual members.” (OA 12 & 12, p

119; p 100, 2nd ed.)

C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn't all be necessary.

F. Keep our discussions within the spirit of "I love you, but I disagree with you."

G. When the group conscience is reached, let there be unity.

7. Strategic Goals

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse. 6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

8. Reports

Chair - Robin B

Personal Report:

I have been to the ALS clinic. I was told that I would be dead within 6 months if I didn't get a feeding tube. So that surgery has been scheduled. I have also decided to retire at the end of August. That came from a desire to walk out of there.

I just want to say that this beastie has really ruined my relationship with food. I have had many moments when it's time for me to eat and I start stalling. Do I have to?

I will listen to you all over time. I honestly don't know when it will be appropriate to leave this position..

Vice Chair - Nick

Treasurer - Barbara

Treasury report

Recording Secretary - Lucille

Corresponding Secretary - Marybeth

Web-Site- Alex

CJI Outreach- Vacant (Next intergroup)

12 Step Within- Ross, Lusk, Marty

News from Region- Lucille

News from World Service - Leeann

Bylaws: Nick, Sima

CJI Bylaws review and update

Insurance: Mikey J.

Nominating - Sima, Ross

Nominations for Region 7 rep (4 are needed)

OA Holidays: Unity Day (last wknd Feb.-Sat even/Sun odd.) - Nick

Sponsorship Day (3rd full weekend in Aug.) - Nick, Alex, Joan

IDEA DAY (third weekend in Nov.)- Nick,

12 Step Within Day (12/12) - Ross, Lusk

Retreats and Events

a. TWCR Leeann, Nick, Elaine, Sima

b. Winter Dreams- Nick

9. Old Business

10. New Business

11. News from Groups/Announcements:

12. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

13. Adjourn with the Serenity Prayer.

Our next Meeting is April 12, 2024 at 7 PM on Zoom.