**CJI AGENDA –**August 8, 2025, 7 PM via Zoom

(Chair Note to Record Meeting)

**1. Open with the Serenity Prayer**

**2. Welcome** - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA’s Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert’s Rules. Majority rule is not the same as group conscience.

Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

Please raise your hand to be recognized. No crosstalk.

**3. Tradition and Concept of the Month**

Tradition 8 “Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.” Spiritual Principle: Fellowship

Concept 8 “The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Board.” Spiritual Principle: Delegation

**4. Introduction of Attendees**

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1) Officer constitutes a quorum

Total CJI Meetings: 38

15%: 6 intergroup reps

6 intergroup reps + 1 officer = Quorum

Quorum?

**5. Review of last month’s minutes**

**6. Intergroup Principles**

A. OA has no power structure, only a service structure.

B. Intergroup has “…no power to enforce rules on OA groups or individual members.” (OA 12 & 12, p 119; p 100, 2nd ed.)

C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn’t all be necessary.

F. Keep our discussions within the spirit of “I love you, but I disagree with you.”

G. When the group conscience is reached, let there be unity.

**7. Strategic Goals**

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse. 6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

**8. Pamphlet Project/ 5 min. qualification:** Sima

**9. Reports**

Chair – Ross: Renew CJIOA logo, even years; Committee Members listed on Agenda; Why is 12th Step Within listed in the agenda twice?

Vice Chair: Alex

Treasurer - Barbara

Treasury report

Review of treasury checkbook and records

Way & Means Meeting incl. check signatures.

Recording Secretary -Joan

Corresponding Secretary – Marybeth, meeting numbers

Phone Report- Lucille

Web-Site- Nick

CJI Outreach- Lucille, Joan, Mikey, MaryBeth, Jill

9/2 Rutgers Medical School event

12 Step Within- Lusk, Marty, Babs, Jill

News from Region- Lucille

News from World Service – Sima, Mikey

Mike’s WSBC sub comm. report

Bylaws: Alex, Sima: Bylaws updated in 2024, review scheduled for 2026

Insurance: Mikey J.

Nominating – Sima, Mikey: Treasurer Nominations

**OA Holidays:** Unity Day (last weekend Feb.-Sat even/Sun odd.) - Nick

Sponsorship Day (3rd full weekend in Aug.) - Alex: Sat, August 16

IDEA DAY (third weekend in Nov.)- Nick

12 Step Within Day (12/12) - Ross, Lusk, Babs, Marty, Jill

**10. Old Business:** Treasury reports a TWC retreat balance, still needed? R7 contribution check cashed at this time; Newsletter progress

**11. New Business**

**12. News from Groups**/**Announcements:** Ask newcomers on where did they learn about OA.

**13. General Note:** -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

**14. Adjourn with the Serenity Prayer.**

**Our next Meeting is September 12, 2025 at 7 PM on Zoom.**