



**Central Jersey Intergroup presents
IDEA Day 2025**



INTERNATIONAL
DAY
EXPERIENCING
ABSTINENCE



Saturday November 22, 2025

10am - 3pm

Registration begins 9:30

**“Staying In Recovery Through the Holidays”
Featuring Speakers and a Long-Timers Panel**

**Aldersgate United Methodist Church
568 Ryders Lane, East Brunswick, NJ 08816**

**Bring your own
lunch**

**Suggested Donation
\$5.00**

**For more information contact:
Alex 732-618-1542 or Ross 732-239-7209**