

## Minutes from August 8, 2025, Friday Night Intergroup Meeting

Chair - Ross - opened the meeting with the Serenity Prayer

2. Welcome, Consensus, Cell Phone Usage, Raise Hand Function and Crosstalk explained  
- Ross

3. Tradition 8 and Concept 8 - Frank

4. Introduction of Attendees: Chair - Ross, Vice-Chair, Alex, Nick - Webmaster,

Joan- Four Manahawkin meetings, Barbara Jean - Tues. Lakehurst and standing in for Babs-  
Sat. Whiting, Frank, Thursday, Red Bank, Barbara M. - IG Treasurer, MaryBeth - Sat. Red  
Bank, Jill P. Weds. Jackson, Sima - Saturday - Cranford.

Ross shortened the committee job descriptions for each attendee as they all are  
mentioned later on in the agenda reports.

Nine attendees, one officer - Quorum

5. Review of July Minutes: assembled by Ross, Motion to Accept - Joan, Second - MaryBeth  
- Accepted

6. Intergroup Principles: A - G -read by Barbara Jean

7. Strategic Goals: 1 - 7 - read by Ross

8. Pamphlet Project: Sima - 5 minute qualification: Experience - 50 years from first learning  
about OA is coming up in the fall, sometimes successful, sometimes not, chose Orange  
sheet food plan at first, her second meeting no one showed up, but she then went to a  
speaker meeting which was excellent. Strength was in the 9th Step Promise, Stepping-up,  
Sponsoring, and working the program. However, relapsed and left, but shared her Hope -  
came back 12 years ago, works her program to the best of her ability, does a lot of service in  
many capacities, and feels very blessed to share this story. Thank you, Sima!

Mary Beth will be doing a 5 minute qualification in September.

9. Reports:

Chair - Ross: Committee members are listed on Agenda, Why is 12th Step Within listed on the agenda twice? One is a committee working throughout the entire year - "Call Five to keep it Alive", and documents are sent out (12th Step Within).

The other part is working on the Step 12 workshop on December 12th.

Ross will no longer serve on the 12 Step Within Committee.

Vice-Chair - Alex - Nothing to report at this time

Treasurer - Barbara M. - Donations traditionally slow down in the summer, but at present we have \$449.59 from groups which is close to average.

If Barbara owes anyone money, please contact her to let her know.

Ross has the CJI calendar to schedule a review of the treasury checkbook and records.

Barbara has had volunteers to come over to check that things are in order. Would Nick do it again and other volunteers? Ways and Means meeting is coming up to discuss budgets.

Does Ross need to meet in person to sign checks?

Yes, all four have to meet to sign at TB Bank. Nick said he is on vacation the first week in September to do this, Ross and Barbara M, and Alex are available, too. Alex was taken off the checks as Danielle and Robin were.

Barbara M will talk to Mikey and Nick about bank work.

Ways and Means have Outreach suggestions.

Recording Secretary - Joan - Nothing to add to July minutes as I could not open the recording to write the notes. Ross had inadvertently recorded to his computer so they would not transfer. Thank you, Ross, for writing up all of the notes for July meeting!

Corresponding Secretary - Mary Beth - nothing new at this time. Please remember when sending her an email to text her first.

Phone report - Lucille - not present

Web Site - Nick - Great News! - CJIOA now has an email account

CJI Outreach - Lucille, Joan, Mikey, MaryBeth, Jill - Lucille sent out the August 3rd Outreach Committee notes to be added to this meeting. Mikey needs two speakers to attend the 9/2 Rutgers Medical School presentation in Piscataway. He will call some people, especially newer members to share their positive OA experiences.

12 Step Within - Lusk, Marty, Babs, Jill - Nothing to report

News from Region - Lucille - not present

News from World Service - Sima, Mikey. - Mikey issued his 2025 WBSC subcommittee report and will orally comment on it in September.

By-Laws: Alex, Sima - By-Laws were upgraded in 2024, and review for upgrade in 2026

Insurance: Mikey J - Does a great job

Nominating Committee: Sima, Mikey: Treasurer Nominations - Barbara accepted the treasurer nomination for a second term and nominations will continue next month.

OA Holidays: Unity Day (last weekend each February- Sat. Even, Sun. Odd) - Alex has replaced Nick as coordinator

Sponsorship Day (3rd weekend in August) held this year August 16, 2025 - 2-4 PM, all three NJ Intergroups participating - Alex

IDEA Day (third weekend in November, 2025) - Nick

12 Step Within Day celebration (12/12) - Ross, Lusk, Marty, Babs, Jill - Friday Jackson meeting. 12 Step Within Committee during the calendar year: Lusk, Marty, Babs, Jill

10. Old Business: Treasury reports - Consensus was that the "Together We Can" Retreat balance is no longer needed and to add that balance back into working balance. Region 7 donation check has been cashed

11. New Business: Robin M asked MaryBeth to call her regarding Newsletter. Mary Beth will get in touch with her.

12. News from Groups/Announcements: Flemington Saturday morning meeting is now virtual and that Wendy L has two bins of literature available. Ross will contact Wendy. In asking newcomers where they heard about OA: Ross - Newcomer at the Wednesday Jackson meeting said a family member had contacted Ross.

Barbara Jean - Lakehurst - Someone came back after having been gone 21 years. Frank started a Traditions Meeting 7:00 PM every Thursday night, puts all ZOOM info and flyers on website and asks everyone to spread the word.

Marybeth said Red Bank 10am has a wait and see with going to alternate meeting sites next door to one another when church has Saturday morning functions.

13. General Note: Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or cancelled meetings to MaryBeth.

14. Adjourned with Serenity Prayer: 8:00 PM - Ross

Our next Meeting - September 12, 2025 - 7:00 PM - ZOOM