**CJI AGENDA –**October 10, 2025, 7 PM via Zoom

(Chair Note to Record Meeting on Cloud)

**1. Open with the Serenity Prayer**

**2. Welcome** - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA’s Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert’s Rules. Majority rule is not the same as group conscience.

Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

Please raise your hand to be recognized. No crosstalk.

**3. Tradition and Concept of the Month**

Tradition 10 Overeaters Anonymous has on opinions on outside issues; hence, the OA name ought never be drawn into public controversy.” Spiritual Principle: Neutrality

Concept 10 “Service responsibility is balanced by carefully designed service authority; therefore, duplication of efforts is avoided.” Spiritual Principle: Clarity

**4. Introduction of Attendees**

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1) Officer constitutes a quorum

Total CJI Meetings: 38

15%: 6 intergroup reps

6 intergroup reps + 1 officer = Quorum

Quorum?

**5. Review of last month’s minutes**

**6. Intergroup Principles**

A. OA has no power structure, only a service structure.

B. Intergroup has “…no power to enforce rules on OA groups or individual members.” (OA 12 & 12, p 119; p 100, 2nd ed.)

C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn’t all be necessary.

F. Keep our discussions within the spirit of “I love you, but I disagree with you.”

G. When the group conscience is reached, let there be unity.

**7. Strategic Goals**

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse. 6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

**8. Pamphlet Project/ 5 min. qualification:** Open

**9. Reports**

Chair – Robin B update; IDEA Day Flyer, A Vision For You convention information

Vice Chair: Alex

Treasurer - Barbara

Treasury report

Treasury check book review

New CJI budget discussion and vote

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Recording Secretary -Joan

Corresponding Secretary –

Web-Site- Nick

CJI Outreach- Lucille, Joan, Mikey, MaryBeth, Jill

12 Step Within- Lusk, Marty, Babs, Jill

News from Region- Sue, Fall Assembly report

News from World Service – Sima, Mikey

Bylaws: Alex, Sima: Bylaws updated in 2024, next review in 2026

Insurance: Mikey J.- Rising premiums costs

Nominating – Sima, Mikey: Treasurer Election Barbara is our nominee; WSBC delegate (1 position open)-2nd month

**OA Holidays:** Unity Day (last weekend Feb.-Sat even/Sun odd.) - Alex

Sponsorship Day (3rd full weekend in Aug.) - Alex: Sat, August 16

IDEA DAY (third weekend in Nov.)- Alex

12 Step Within Day (12/12) - Ross, Lusk, Babs, Marty, Jill

**10. Old Business:** Newsletter progress- template ready for next month

**11. New Business:** CJI Zoom account be linked to the CJI Google phone number (Moton by Lucille)

**12. News from Groups**/**Announcements:** Ask newcomers on where did they learn about OA.

**13. General Note:** -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

**14. Adjourn with the Serenity Prayer.**

**Our next Meeting is November 14, 2025 at 7 PM on Zoom.**