

# OUTREACH COMMITTEE

Central Jersey Intergroup (CJI) - Overeaters Anonymous (OA)

October 12, 2025 - 7:30 pm (via Zoom)

## AGENDA

- **Attendance:** Members are asked to introduce themselves and state where they are from.
  - Lucille from Brick, Josephine from Lincroft, Mikey from East Brunswick attended
- **Budget Report:**
  - New budget for Outreach to be approved by CJI
  - CJI approved Outreach Committee funds in the amount of \$3,300 for annual budget 2025-2026  
Next year use all remaining funds prior to the end of the budget year on 10/31 as no carryover
- **Health Fairs/Conventions/Events/Conferences:**
  - NJ Psychological Assn. – Fall Conference on Friday, 10/17/25 in Livingston, NJ
    - Lucille and Roz P. and Mark H. from North Jersey Intergroup will attend
    - \$250 registration fee was split between all three NJ intergroups (\$83.36 each)
  - National Assn. Social Workers (NASW) – New Jersey
    - Outreach Committee is planning to participate in next conference
      - Josephine will advise dates, location, etc., at next meeting
  - NJ Prevention Network
    - Outreach Committee is planning to attend their next conference
      - Josephine will advise dates, location, etc., at next meeting
- **Literature:**
  - New literature for the NJPA conference, etc. was ordered through the Reduced Cost Program and total amount was paid for by South Jersey Intergroup from previous reimbursement received
    - Joann M from SJJ is so helpful with applications and requests and managing funds
- **Give Aways & Other Items:**
  - PIPO (Public Information/Professional Outreach) Service Manual (Lucille – on hold)
  - Give Aways – Josephine to advise if OA pens, jar openers, or other give aways are needed
    - Look into ordering new type of giveaway that appeals to younger people
    - Keep the cost under \$1 each (approximately) – discuss at next meeting
  - Wheel – possible purchasing of carnival type wheel to use at Outreach events  
(Lucille will get details from South Jersey Intergroup – cost about \$75)
- **Idea Day:**
  - Mikey would like to set up a table at this event for Outreach – needs OA marketing stuff
  - It is being held Saturday, 11/22 from 9:00 am - 3:00 pm at Alders Gate Church, East Brunswick
  - Lucille offered to pick up anyone coming from the South in the service plaza at Exit 100 on GSP
- **Medical Schools & Hospitals:**
  - Mikey to report on any future presentations – nothing at this time
- **Rehabs/Support:**
  - New Hope (rehab)– monthly OA presentation to clients (Lucille)
    - CJI Outreach committed to 1st Tuesday of month at 1:15 pm (1 hour) 3 OA fellows  
Volunteers: November 4 – Lucille+Marybeth+Joan; December 2 – Lucille+Marybeth  
(would really like a male volunteer)
- **Abstinence Requirement:**
  - Discuss if Outreach Committee should have an abstinence requirement and/or healthy body weight criteria for being at events. Committee should make a decision next month

- **Young Adults:**
  - Monmouth University –
    - no response from Kimberly Hill (Josephine)
  - Kean University –
    - no response from John Grady, Director of Counseling (Lucille)
  - NJ College Counseling Association –
    - Paola and Joan are working on spreadsheet
  - **Student Events** – Lucille suggested we contact Student Events department at colleges and universities to find out when they are having events on campus. Non-profit organizations may get half off discount or complimentary table fee. South Jersey Intergroup has separate Young Adult outreach and this approach has worked well. Maybe do a combined event
- **Newcomers:**
  - Meetings – remember to ask newcomers how/where they heard about OA
  - CJI Phone (732-637-9420) - monthly report about calls/texts received
    - September: 1 call received – no message and no response to voicemail
    - October: (to date) 1 call received from mental health professional looking for meeting for client & 1 call from person looking for retreat sponsored by CJI
      - Lucille advised mental health professional found out about OA via Google
- **New Meeting:**
  - A new in-person OA meeting has been created on Thursday nights at 6:30 pm in Oakhurst at the First United Methodist Church and will focus on the Twelve Steps & Twelve Traditions
    - **Wonderful news** – Lucille commented it's been a long time since a new face-to-face meeting opened
- **Advertising:**
  - Report on efforts last month (Joan & Mikey) – **Mikey had nothing to report at this time**
- **Next Meeting:** Sunday, November 2, 2025 @ 7:30 pm (**back to regular first Sunday date**)