

Intergroup Minutes - December 12, 2025

1. Ross opened the 7:00pm meeting with the Serenity prayer
2. Welcome read by Ross
3. Tradition 12 - Spirituality - read by Barbara Jean
Concept of the Month - read by Barbara Mu
4. Introduction of Attendees: Ross will call on each person separately -
Nick - IG Website, Mikey, Lusk, Barbara Mu, Joan, MaryBeth, Lucille, Jill, Frank, May, Barbara Jean (last time as Intergroup Rep being replaced by "Jane"), and Babs (last time as Intergroup Rep being replaced by "Emily") who thanked everyone "with open arms" for having me.
Ross thanked both Babs and Barbara Jean their service and for finding replacements.
13 Attendees, 12 Voting, 1 Officer, 38 meetings, a quorum
5. Review of Last Month's Minutes (11/14/25) No corrections. Lucille- motion to accept. May - seconded. Minutes accepted unanimously.
6. Intergroup Principle - read by Joan
7. Strategic Goals - Read by Frank
8. Pamphlet Project (5 minutes) - Christina was a former Chair who added this to the agenda. Ross forgot to ask someone last month to share, so he chose to share on the Pamphlet - "If God Spoke to OA". Ross read excerpts from the pamphlet which contained a lot of wisdom about the meanings of the first three steps. He was weak when he came into OA, but what helped him was when he read "You were selected because you have an understanding heart". He came to understand the meaning of Step 2 and accepted Step 3 which have helped him maintain permanent recovery. Step 1 is the only step he has to do perfectly everyday which enables him to sustain his OA program. If anyone is interested in finding out if the pamphlets are still current, they are if they are for sale in the OA Bookstore. Thank you, Ross, for this service.

9. Reports:

Chair: Ross discussed his disappointment with NJIOA Intergroup for only posting their own flyers especially if their events coincided with CJIOA. It was past practice in his three other terms as Intergroup Chair that certain traditions and events for World Service or "No-name" flyers were always posted for everyone. Ross will continue to put up all flyers from CJIOA along all Intergroups but at some point will ask for discussion and votes on whether or not to continue that.

Vice Chair: Alex (not present), but wanted to discuss IDEA Day at our next meeting.

Treasurer: Barbara Mu - October was the end of our fiscal year, and she was pleased with how closely we kept to our projected budget. We have taken in \$1,300.00 as of this month. IDEA Day had 47 people and took in \$322.00 cash deposit from that day, our OA Insurance increased by \$77.00 a year, and has been paid, everyone in Professional Outreach has been reimbursed, and \$535.00 to Pressing Websites for a cheaper version of Word and PDF (Groupon coupon) was reimbursed by Barbara Mu. Any questions just text or email. Ross asked if there is any progress on having the checkbook reviewed by the committee, but Barbara said they are looking for one more person to volunteer for the committee as Nick works full time and cannot attend. Thanks, Barbara!

Website: Nick said Alex is a blessing and thank you, he has changed graphics to "winter" on many things. He said thank you for having patience with software and the new licensing agreement from Groupon which provides us with a cheaper version of Windows and Software

updates. For flyers, he needs a two-week heads-up to get them up on the Website. All else is well! Thanks, Nick!

Recording Secy: Joan - duly noted that "Mae" is "May"! 😊

Corresponding Secy: MaryBeth - Sometime this month, she will reach out to contact people for every meeting on our list to see if they are still active. Ross counted 38, MaryBeth counted 34 as some meetings have closed, so she will get their email addresses for easier communications with them for any notifications, etc. May to MaryBeth - Website as it is listed is erroneous because some meeting lists are out of date. May said some people were showing up at a church where the meeting was non-existent and pastor was letting her know, MaryBeth asked May if the erroneous list was on CJIOA website or OA.org. She can't change it on OA.org, but Nick said he would help if May gave the info to Ross as someone connected to CJIOA has to do it.

Marybeth thanks Nick for the latest and greatest updates- Thursday mtg is off and Tuesday is on and up to date. We have 21 live meetings and 13 hybrid. Those people rotating out please send MaryBeth an email with any new info on members replacing you. Also, anyone contacting MaryBeth by email, please send a text first.

CJIOA Outreach: Lucille, MaryBeth, Joan, Mikey - Outreach report will include "What's new in NJ?" The notes will be on the website, this is a slow time of year, but we are gearing up with programs and events for 2026. We are hoping for recruitment of new members for Outreach Committee.

Lucille was going to contact each of the 38 meetings to ask if anyone was interested in volunteering, but MaryBeth is getting all the email addresses so that can be done in a group email. Lucille said they need OA volunteers to help, not necessarily to be part of the Outreach Committee.

Mikey suggested using the new Newsletter to attract others so more people would be reached. Mikey will wait to see how it can be formatted for the Newsletter.

Joan has put an OA blurb in the CoffeeNews, a weekly publication also used a placements in local diners, during December and January, and they have been posted at the top of the first page.

Our Outreach meeting for January will be coming up Sunday, January 4th, at 7:30pm if anyone would like to attend. They are held on the first Sunday evening of each month.

12 Step Within: Lusk, Marty, Jill - 12 Step Within meeting in Jackson was excellent this morning. Everyone enjoyed the 3 speakers, 25-27 people filled the room, Ross announced that the topic for today was our founder "Roseanne", and Jill read the story of how OA originated thank you to Roseanne. Carole gave us some insights into the original meetings - such as men were banned from OA at that time and had their own program called "Gluttons Anonymous". Everyone agreed we were glad men dropped that name and joined OA.

News from Region: Sue (not present), Lucille said nothing new to report

News from World Service: Sima, Mikey - Mikey said Saturday, 12/13/25 there was to be a ZOOM meeting for the sub-committee PIPO (Professional Improvement, Professional Outreach), and Sima said her Unity With Diversity meeting was on ZOOM, Sunday, 12/14/25 in order to discuss some very delicate issues on Diversity.

By Laws: Sima and Alex not here at this point so discussion saved for next month.

Insurance: Mikey J. - No changes. Mikey thanked Barbara Mu for taking care of the money.

OA Holidays: Unity Day - last Saturday of February, 2026 - the 27th. Alex said it will most likely be held face-to-face at Aldersgate Methodist Church (same venue as IDEA Day), Nick had suggested Metuchen, but that might pose a problem with scheduling rooms.

Old Business: Newsletter sampler is up for all members to see. Ross has included it with his monthly review. Please contact him or Robin with any questions.

New Business: Nick, Marty, Mikey, Chris F from Metuchen - Hybrid is challenging for events. Who would store the equipment between events, WiFi signal is an issue, Tech savvy person is needed at each event, so this is tabled for now. Hybrid at a group level is very difficult.

Region 7 Reps - 3 positions are open. Sue is a nominee who has accepted for 4th position. Lucille questioned whether or not she is still a rep, as her 4 year term is up this month. Ross said she is still a Rep, but she began 2022-2024, then 2024-2026, and this year it is over. Requirements are for every 10 meetings we have a delegate and part of a 10th is another delegate. Back to back abstinence - 6 months, 6 months service above group level not necessarily back to back. No one offered, so Ross will try again next month.

World Service Reps - Sima and Mikey (although Mikey may not be able to attend). Requirements are 1 year abstinence, 2 yrs service beyond group level, alternate reps have 2-yr terms, delegates have to serve at least 1 year, and they attend all year. As months go by no one is interested. Ross will close it.

Last year By-Laws stated delegates can rotate every 6 years, can serve 3 terms, so Sima and Mikey can run for a 3rd term.

News from Groups or Announcements: Young girl attendee at the Whiting meeting. Barbara Jean reports that she heard about OA online. Someone else said a newcomer put the word "Sugar" in and OA came up. Lucille said the majority searching for OA go on OA.org. We have to make sure our info is accurate with meeting lists and information.

General Note: Christmas/New Years Meetings cancelled:

Frank - Red Bank

Lusk - Pine Beach

Joan - Thursday afternoon 3:30pm

Next Intergroup meeting - January 9th, 2026 - 7:00 pm,

Adjournment - 8:08pm Serenity Prayer and Good night